



**KIDS ASKING SANTA
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Wednesday, December
7, 2011

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News worth
sharing.

Congo protest turns violent

► Pepper spray deployed after protesters topple barricades ► Rocks thrown at police bring arrests and riot team



**JOE
LOFARO**
@METRONEWS.CA

Riot police were called to guard the Embassy of Congo in Ottawa yesterday as a protest over election violence and vote rigging took a violent turn of its own.

Protesters swarmed the embassy after 1 p.m. yesterday demanding to be let in to remove a photo of current Congo president Joseph Kabila.

"He lost but he doesn't want to go. He's killing people every day," said Malaika Harija, 29, a Congo native who lives in Montreal.

Police used pepper spray on several protesters after shoving started. The crowd retreated, covering their faces, but responded by throwing rocks at

officers, just grazing their shoulders.

An hour later, the group was dancing and shouting with some pushing at officers when they were pepper sprayed again.

The spray stung the eyes of two young women near the front, who retreated covering their faces with scarves.

Around 5 p.m., riot police

arrived, sparking loud "boos."

Police arrested three people. In one arrest they used a Taser. Two protesters were taken into custody and another was charged with obstructing police.

The rest of the evening passed without serious incident and by about 6:45 most left. Half an hour later all had left the scene.

Protests in Toronto and other parts of the world were held simultaneously yesterday in reaction to the contested election results.

The election was marred by massive technical glitches and ballots not reaching polling stations until three days after the vote was scheduled to take place.

The government rushed the election because Kabila's five-year term expired yesterday at midnight.

Eric Schiller lives around the corner from the embassy in Ottawa and said he was in Congo three days ago for the election.

He said he saw the electoral authority tear up empty ballots and said another government official claimed he was offered \$500 to put his name on 700 ballots.

WITH FILES FROM STEVE COLLINS AND
THE CANADIAN PRESS



► Protesters confront a wall of about 40 police officers outside the Embassy of Congo yesterday demanding entry to the building. More coverage, page 15.



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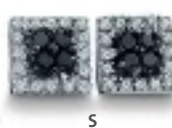
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SEAN KILPATRICK/THE CANADIAN PRESS



► People take part in a memorial rally during the National Day of Remembrance and Action on Violence against Women in Canada on Parliament Hill in Ottawa yesterday.

Memorials focus on gun registry

► Survivors, witnesses of Montreal Massacre ask Quebec government to save gun registry data ► In Montreal, across town from École Polytechnique, over 100 people march

Suzanne Laplante Edward awoke one morning in October, on what would have been her daughter's 43rd birthday, only to see the Conservatives introduce a bill to end the gun registry.

That rude awakening made this Dec. 6 both personal and political for the still-grieving mother.

It was on Dec. 6, 1989, that a gunman burst into Montreal's École Polytechnique, shot more than two dozen people and killed 14 women — including her daughter, Anne-Marie Edward.

Anne-Marie would have had three or four children by now; she would have been a successful engineer,

Laplante Edward told hundreds of people gathered on Parliament Hill to remember the victims of the shooting. Ensure her death won't be in vain, she urged.

The Montreal massacre, as it has become known, spurred implementation of the long-gun registry in 1991 in an effort to make firearms like the one used in the shooting traceable.

But it was dogged by cost overruns and political opposition and, in October, the Conservatives moved forward with their long-time commitment to abolishing it and destroying all the related data.

As they lay roses to mark the women killed in De-

"We are about to lose a tool that is proven to save Canadian lives, to save women's lives, to save children's lives... Please, please, do something."

SUZANNE LAPLANTE EDWARD

cember 1989, the end of the registry was as much on people's minds at yesterday's ceremony as the memories of the women they were there to honour.

Conservatives were pointedly not invited.

Rona Ambrose, minister for the status of women, was planning to attend another vigil later in the day, said her spokeswoman.

Some Tory MPs wore white ribbons in the Commons to mark the national

day to end violence against women, including Candice Hooppner, who had introduced a private member's bill under the minority Conservative government to end the registry.

"More needs to be done. Every Canadian has a role to play in breaking the cycle of violence and discrimination against women," Stephen Harper said.

NDP Leader Noyce Turmel said the Conservatives weren't going far

enough.

"We have to fight every day; we have to fight hard, in our homes, in our schools, in our communities," she said. "We have to stand together like today, bravely, against a government that is turning back the clock on women's rights."

Gun-control advocate Wendy Cukier says the Dec. 6 anniversary has a dual meaning.

"This Dec. 6, more than ever before, we must mourn but we must also work for change," she told the crowd, many waving placards with "save the gun registry" slogans.

THE CANADIAN PRESS



U.S. presidents always seem to go grey quicker than the rest of us, but a new study shows that they may in fact live longer than the rest of us. Scan the code for the story.

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footage of the
ceremonies
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The tickets formerly priced as ...

TARIQ MIKKEL KHAN/THE ASSOCIATED PRESS

► Fan upset over paying more than others for Prince tickets bought early

Cynthia Gauvreau loves Prince, but not paying \$30 more than other fans who were in the same section of Scotiabank Place at his concert Saturday night — and her complaints seem to be falling on deaf ears.

Gauvreau bought three tickets, each at \$79.50 plus \$16.24 fees, the day tickets went on sale through capitickets.ca. When the show didn't sell out, the price for that section dropped to \$49.50, plus fees.

She complained to capitickets.ca. They told her there was nothing they could do, but she should contact the promoter, Live Nation, who instructed them to cut the price.

So she did. Live Nation Entertainment Inc. and Ticketmaster are divisions of one firm.

"Thanks for reaching out to us. We're sorry but there is nothing we can do... We

suggest you contact Capital Tickets directly about this issue as they sold you the tickets... Thanks for being a fan," wrote a Ticketmaster Fan Support agent.

Neither Capital Tickets nor Live Nation/Ticketmaster responded to requests for interviews for this story, but a spokesperson for Live Nation said the company would deal with Gauvreau directly.

In the meantime, she still loves Prince.

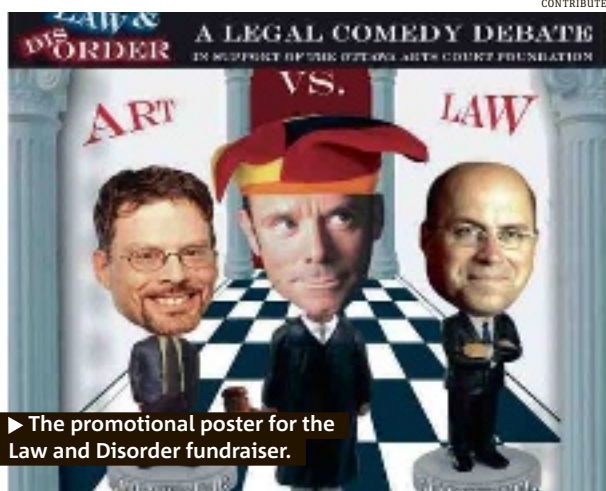
"From now on, I will be a better consumer and wait until they drop the prices to purchase my tickets," she wrote to Metro.

"And if others follow suit, companies like this one will have to offer reduced prices right off the bat. But ... the Purple Prince of Funk was extraordinary and I have no regret regarding his show on Saturday night."

► JESSICA SMITH



► Prince performs at Roskilde Festival in Roskilde, Denmark, on July 4, 2010. Prince performed in Ottawa Saturday night. Photography was forbidden at the local concert.



► The promotional poster for the Law and Disorder fundraiser.

Missed fundraiser spurs funding plea

A city committee agreed to advance the Ottawa Arts Court Foundation \$40,000 after the organization found itself in a financial jam after a missed fundraiser.

A scheduling conflict delayed the planned Law & Disorder fundraiser from November 2011 to March 29, 2012, aggravating the foundation's existing cash flow issues, said Ottawa

Arts Court Foundation Linda Balduzzi.

"The arts often operate very close to the bone in terms of their budgets," she said.

Balduzzi said even though the foundation is having cash flow trouble, that doesn't mean the 25 groups that are run out of the Arts Court building are having similar problems.

If city council as a whole

decides against the committee's recommendation to provide funding, the foundation's board of directors will have to meet to decide what to do, said Balduzzi.

Tickets to the March Law & Disorder fundraiser are now available, she added.

► JESSICA SMITH



For more local news visit metronews.ca/ottawa

Next year

► **Money.** The extra money for the Arts Court Foundation would come out of the group's approximately \$187,000 of city funding for next year.

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Altercation at crosswalk leads to standoff

Gatineau police took a 38-year-old man into custody Monday after a short standoff that began when he allegedly harassed student crossing guards at L'é-

cole du Village in Aylmer. Shortly after noon, officers found the suspect quickly on Centre Street, where an altercation occurred during his arrest, police said.

Police charged the man with 11 charges including obstruction, assaulting an officer, escaping from lawful custody, harassment, mischief and breach of probation. **JESSICA SMITH**

Cops probe death under bridge

Police were at a crime scene on Queen Elizabeth Drive under the Laurier Avenue bridge yesterday morning investigating the "suspicious" death of a man. Officers were first called at 4:40



► The scene

a.m. By 7:45 a.m., pedestrians were walking around the taped-off crime scene, where a large pool of blood could be seen. **JESSICA SMITH**

Hoedown to add Sheryl Crow to lineup

► Part of lineup headlined by Brad Paisley ► Crow has nine Grammys



JESSICA SMITH
@METRONEWS.CA

Sheryl Crow will play at this year's Capital Hoedown, concert officials are set to announce today.

Crow will be part of the Sunday-evening lineup, which will be headlined by Brad Paisley, according to Concert International, the company behind Capital Hoedown and Bluesfest.

The Missouri native has a genre-bending style that has netted her nine Grammy Awards from 32 nominations.

Performances by Taylor Swift, Reba, The Band Perry, Ronnie Dunn, Terri Clark, Gord Bamford, Dean Brody, Tara Oram, Marshall Dane, Chad

"Sheryl Crow brings an added flavour to this summer's lineup with her vast repertoire that extends across several genres. We are very thrilled to have her original sound in Ottawa for our Capital Hoedown 2012 party."

CONCERT INTERNATIONAL
PRESIDENT, DENIS BENOIT

Brownlee and High Valley have already been announced and are expected before the three day show begins on Aug. 10.

Tickets are on sale at CapitalHoedown.net.

CLIFF OWEN/THE ASSOCIATED PRESS

► Sheryl Crow sings at the dedication of the Martin Luther King, Jr., Memorial in Washington on Oct. 16.



Wednesday, December 7

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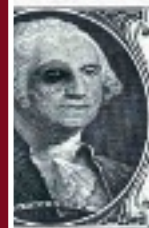


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PERSONAL ACCOUNT

Through the eyes of a bomb girl

Helen Rapp was 15 years old when she moved to Hamilton with her mother to work in a munitions factory.

"The war changed everything," says Rapp, 86, from her home in Ottawa. Rapp's living room is full of black-and-white photographs of herself and loved ones in military uniform.

She was among thousands of women who left their homes at the onset of the war to work in factories. She didn't know what to expect on her first day of work at the General Electric munitions factory in 1940, but a male coworker she nicknamed "McGee" taught her the ropes.

"I didn't have a clue what was going on, walking into this section with these five young men, remarks flying all over the place, and I didn't have a clue what they were saying," she says. "So (McGee) would say, 'You mind your mouth now. We've got a lady here.'"

She quickly learned how to work on barrels of anti-aircraft cannons, known as Bofor guns. It



JOE LOFARO/METRO

► **Former bomb girl Helen Rapp**

was a greasy job, and the noise inside the factory, at times, was unbearable, she says.

Yet, Rapp felt a certain responsibility to support the men, including her brother, who left everything behind to fight with the Canadian forces.

"The war was on and you did whatever you could," she says.

Actresses like Jodi Balfour, who plays bomb girl Gladys Witham on *Bomb Girls*, will portray Rapp's 1940 life on screen. The series won the praise of Rapp, who said *Bomb Girls* can help remind Canadians of the significant role of women.

"It's not just the fighting. It's the support that you give the troops by working in a factory and being in the background keeping the farms and other industries going," she says. "Without that, I think there would have been a lot of chaos."

● JOE LOFARO

From baking apple pies to making bombs

► New mini-series, *Bomb Girls*, tells stories of women who worked in factories during WWII ► Screening last night gave Ottawans a sneak peak



JESSICA SMITH
@METRONEWS.CA

A mini-series screened in Ottawa last night will tell the stories of the bomb girls, who worked in munitions factories during the Second World War.

"It's a fascinating time in our history, when we came into our own as a country and women came into their own as understanding the power that they wielded in society," said producer and head writer Michael MacLennan.

"We have measures of freedom and equality that they didn't have back then, so you can tell stories where the conflicts are writ large."

War propaganda told the Canadian women "to go from baking apple pies to making bombs" said executive producer Adrienne Mitchell.

"I see (bomb girls) as trailblazers for what happened later in the women's movement and the feminist movement."

PRODUCER JANIS LUNDMAN



► The cast of *Bomb Girls* pose for a promotional picture included in the invitation to the Ottawa screening of the show at the Canadian War Museum last night.

"They were told to take on a man's work and still look like a women, all of those paradoxes."

The producers interviewed real Canadian bomb girls, now in their 70s, who said that despite the horrors of the war, it

was an "exuberant, joyful time" and "the best time of their lives" because of the freedom and camaraderie that working gave them, said MacLennan.

"They were told they were just filler to when the men came home,"

said Mitchell.

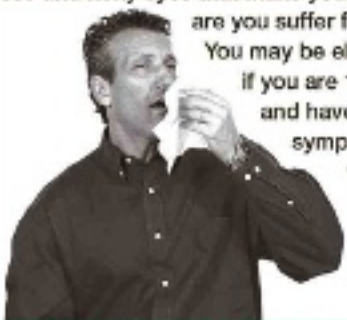
"But when the war ended, a lot of them didn't go home and it was the beginning of a change for women."

Bomb Girls will air on Global, beginning in January.

Do you suffer from GRASS allergies?

Kanata Allergy Services, in conjunction with Kingston General Hospital, is looking for people to participate in a study about an investigational drug for grass allergies.

If you sneeze from May to mid-July and have a runny nose and itchy eyes that make you miserable, chances are you suffer from grass allergies. You may be eligible to participate if you are 18 to 65 years of age and have had grass allergy symptoms for at least two years.



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Soviets charted our Arctic seas

- ▶ Cold War fears confirmed: Subs patrolled the North
- ▶ Their maps were more detailed than Canadian ones

Shades of Red October.

Cold-War-era nautical charts appear to support the widely held belief that Soviet nuclear submarines routinely patrolled the Canadian Arctic during the Cold War.

What's more, the charts are still in use by Russian vessels because they are more detailed than Canadian ones.

"I can't help but think back to The Hunt For Red October, where Sean Connery plays the captain of a Soviet nuclear missile submarine and relies on the accuracy of Soviet charts to avoid a torpedo that's been shot at his ship," said Arctic expert Michael By-

300

"At the current rate of charting, it will take 300 years for the Canadian Hydrographic Service to bring all our charts for the Canadian archipelago to world standards," said Michael Byers.

ers. "These charts indicate that the Soviets were in fact that competent."

Photos of the charts, seen by The Canadian Press, suggest Russian mariners have for decades possessed detailed knowledge of crucial internal wa-

terways such as the Northwest Passage.

The charts, covering strategic Arctic waterways, appear to be clearly marked with Soviet insignia, including the red star and the hammer and sickle.

Byers said: "The Soviet navy was extremely capable and also was willing to take considerable risk."

"Sending submarines into the Canadian archipelago, which was heavily monitored by NATO, thousands of miles away from Soviet assistance, was a perilous thing to do."

"It was a phenomenal accomplishment."

THE CANADIAN PRESS

Homecoming. Tim's time



▶ Lisa Frye, a civilian member of the Canadian Forces Personnel Support Programs Division who worked at the Tim Hortons in Kandahar, holds a box of the last Timbits to be made there. She arrived in Edmonton yesterday.

HEATHER MACINTYRE/METRO

Timbits? Just call 'em spoils of war

After the Tim Hortons in Kandahar, Afghanistan, closed last month, those who had worked there decided to bake up some keepsakes. And so, the last batch of Timbits ever made there landed at the Edmonton airport yesterday on a flight bringing not only soldiers home but also many civilians who staffed the store. The Timbits were frozen and will be kept as war souvenirs — somehow.

An app for Ronnie Mac

Ronald McDonald House has launched Kidscape on iTunes, an app made by kids to help kids.

It's a gaming app featuring images drawn by kids staying at Ronald McDonald Houses — for families of kids being treated at area hospitals.

App prices: Kidscape City for \$0.99, Kidscape Farm for \$4.99 and Kidscape Space for \$19.99.

THE CANADIAN PRESS

Issue won't go away

Stephen Harper heads to the White House today to unveil a long-awaited border security agreement with U.S. President Barack Obama.

But the fate of the \$7 billion Keystone XL pipeline is sure to be discussed at some point.

The project was shelved at least temporarily by the Obama administration a month ago.

THE CANADIAN PRESS

Liberals say they'll keep sex in anti-bullying law

The Liberal government says it's not prepared to abandon the sex-ed component of a pending anti-bullying law.

The pledge comes despite criticism by religious leaders that the component is an affront to family values. Christians, Jews and Muslims say they agree bullies must be stopped, but they can't condone a requirement

Premier's pledge

- ▶ Premier Dalton McGuinty also defended the legislation, saying all Catholic schools will need to have a gay-straight alliance, though they won't have to use the name.

that schools promote sexual tolerance through gay clubs.

Charles McVety, of the Institute for Canadian Values, says Premier Dalton McGuinty is using bullying to advance "his radical sex education agenda."

Education Minister Laurel Broten rejected criticisms as "homophobic."

She said her job is to make sure every child finds school a warm and inviting place.

THE CANADIAN PRESS

Students to be occupied

Occupy demonstrations will be the focal point of a new university course being offered in Calgary.

Starting in January, Mount Royal University assistant professor Roberta Lexier will begin teaching the Occupy Wall Street course.

"It really demonstrates that the issues we are dealing (with) in our world are not simple," she said.

● JEREMY NOLAIS

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News in brief

Police recover 2 stolen dogs

Police say two of four British bulldog puppies stolen from an Ajax, Ont., store have been recovered. Police say someone forced their way into The Puppy Store early Monday and made off with the four puppies.

Investigators located one of the pups — valued at \$2,000 each — for sale on the Internet website Kijiji. That led to the arrest of two people and the recovery of one puppy. A second puppy was found during a raid on an Ajax home.

THE CANADIAN PRESS

Mayor missing in Arctic

Search teams are still looking for the mayor of

an Arctic hamlet who hasn't been seen since he went caribou hunting alone 10 days ago.

Jamesie Kootoo, who is 67, is both mayor and coroner for the Baffin Island community of Kimmirut in Nunavut.

Kootoo is an experienced hunter and has been missing before — the last time he had a fractured pelvis and still survived.

THE CANADIAN PRESS

Man dies in bike crash

Authorities say an 18-year-old Washington state man is dead after he crashed his motorcycle a half-hour after passing his motorcycle-licence test.

Bellingham police spokesman Mark Young says David Swift had just passed a car and was waving on his brother when he lost control, hit a curb and slid.

THE ASSOCIATED PRESS

Search for E.T. is back on

► News of 'Earth's twin' has science world excited ► Kepler-22b could support life ► NASA has reported 54 potential Earth-like candidates

The first confirmed planet that could be "Earth's twin" seems to have a lot going for it.

It apparently has a comfy 21 C surface temperature, a rocky surface, an ocean, a sun to orbit and a position smack in the middle of the habitable "Goldilocks" zone in relation to that sun (neither too hot nor too cold).

All this is sheer scientific speculation about the planet called Kepler-22b, but it's enough to make NASA celebrate.

"This is a major milestone on the road to finding Earth's twin," said Douglas Hudgins, Kepler program scientist at NASA's Washington headquarters.

"I think there are two things that are really exciting about Kepler-22b," said



NASA/GETTY IMAGES

JUSTIN SULLIVAN/GETTY IMAGES



"The tremendous growth in the number of Earth-size candidates tells us that we're honing in on the planets Kepler was designed to detect: those that are not only Earth-size, but also are potentially habitable."

NATALIE BATALLHA, DEPUTY SCIENCE TEAM LEADER AT NASA'S AMES RESEARCH CENTER

Natalie Batalha, the deputy science team leader at NASA's Ames Research Center. "One is that it's right in the middle of this habitable zone."

"The second thing that's really exciting is it's orbiting a star very, very

similar to our own sun. This is a solar analogue, almost a solar twin, very similar to our own sun and you've got a planet 2.4 times the size of the Earth right smack in the habitable zone."

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Bomb kills 56 in Kabul

► Suicide bomber strikes crowd of Shiite worshippers in Afghan capital
► 4 more dead in Mazar-i-Sharif

In Afghanistan's first major sectarian assault since the fall of the Taliban regime a decade ago, a suicide bomber slaughtered 56 Shiite worshippers and wounded more than 160 others yesterday outside a Shiite shrine in the capital.

The Taliban condemned the attack, which was reminiscent of the wave of sectarian bloodshed that shook Iraq during the

height of the war there. Suspicion centred on militant groups based in neighbouring Pakistan, where Sunni attacks on minority Shiites are common.

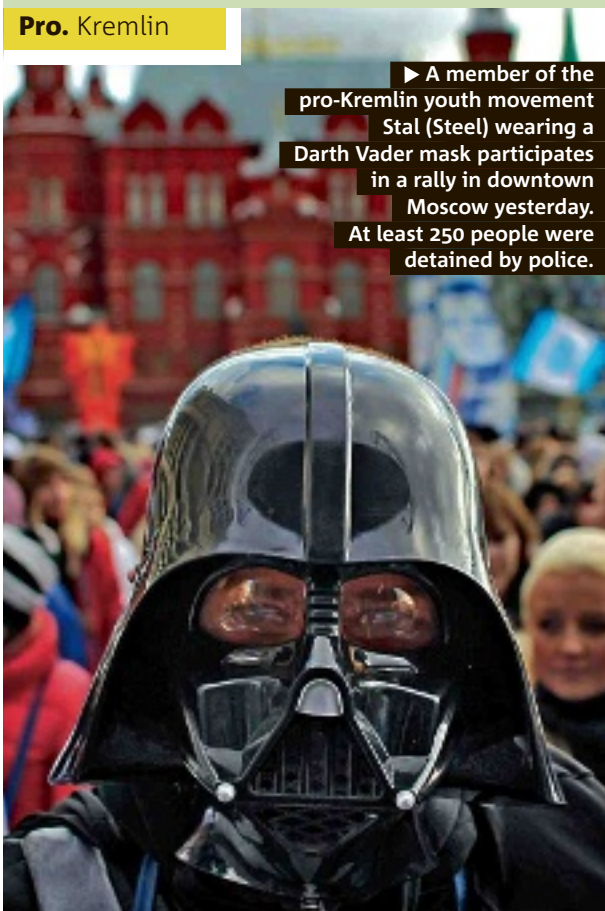
A man who claimed to be from Lashkar-e-Jhangvi, a Pakistan-based group that has carried out attacks against Shiite Muslims, called media outlets in Pakistan to claim responsibility. **THE ASSOCIATED PRESS**



► Relatives attempt to comfort an Afghan man outside of a hospital in Kabul yesterday.

Pro. Kremlin

► A member of the pro-Kremlin youth movement Stal (Steel) wearing a Darth Vader mask participates in a rally in downtown Moscow yesterday. At least 250 people were detained by police.



SERGEY PONOMAREV/THE ASSOCIATED PRESS

Youth storm Moscow

Prime Minister Vladimir Putin said yesterday he's satisfied with the performance of his party in Russia's parliamentary election even though it lost a significant number of seats, adding that a drop in support is "inevitable" for any ruling party. The statement came as U.S. Secretary of State Hillary Rodham Clinton again criticized the election.

Radiation found in Japanese baby food

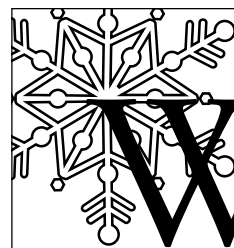
Traces of radiation spilled from Japan's hobbled nuclear plant were detected in baby formula yesterday in the latest case of contaminated food in the nation.

Major food and candy maker Meiji Co. said it was recalling canned powdered milk for infants, with expi-

31 The levels of cesium-134 and cesium-137 in the milk were up to 31 becquerels per kilogram, which is below the government limit of 200 becquerels per kilogram for milk.

ration dates of October 2012, as a precaution.

The levels of radioactive cesium were below government-set safety limits, and Meiji said the amounts were low enough not to have any effect on babies' health. **THE ASSOCIATED PRESS**



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U.S. rallies around gays

► President to announce strategy to combat abuses against homosexuals abroad ► Washington to work with international organizations

The Obama administration is announcing a wide-ranging effort to use U.S. foreign aid to promote rights for gays and lesbians abroad,

including combating attempts by foreign governments to criminalize homosexuality.

In a memorandum is-

sued yesterday, President Barack Obama directed U.S. agencies working abroad to use foreign aid to help gays and lesbians who face hu-

man rights violations. He also ordered U.S. agencies to protect gay and lesbian refugees and asylum seekers. **THE ASSOCIATED PRESS**

CHARLES DHARAPAK/THE ASSOCIATED PRESS



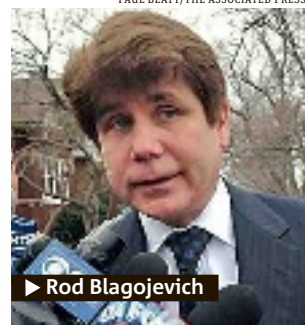
► Barack Obama

Outreach

► Barack Obama's announcement is part of the White House's outreach to gays and lesbians. Obama has advocated for the repeal of the military's ban on openly gay service members and ordered the administration to stop enforcing a law defining marriage as between man and woman.

Blagojevich could get harsh jail term

PAUL BEATY/THE ASSOCIATED PRESS



► Rod Blagojevich

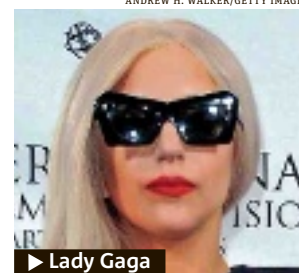
Rod Blagojevich was clearly the ringleader of the schemes for which he was convicted, a federal judge said yesterday at the sentencing hearing for the ousted Illinois governor on corruption charges that include trying to sell or trade an appointment to President Barack Obama's former Senate seat.

U.S. District Judge James Zagel also said he believed there was ample evidence the former governor wanted \$1.5 million in campaign contributions for the Senate seat. The judge's comments could signal a harsher sentence for Blagojevich.

Calling a defence sug-

gestion "absurd" that Blagojevich was being manipulated by staffers and advisers, Zagel said that it was apparent from the secretly recorded tape recordings that Blagojevich relentlessly worked to use his authority to benefit himself. **THE ASSOCIATED PRESS**

ANDREW H. WALKER/GETTY IMAGES



► Lady Gaga

Lady Gaga to pay house call

Lady Gaga is coming to the White House.

The pop singer was meeting with Obama administration staffers yesterday to discuss her work on bullying prevention.

However, Gaga will not have a chance to meet with President Barack Obama. He is travelling to Kansas for a speech on the economy.

The president and Gaga have met before.

THE ASSOCIATED PRESS

News in brief

Neighbour from hell arrested

NEW YORK. A family in New York City is expressing relief after the arrest of a neighbour, who is accused of making more than 150 fake calls to police dispatchers using their address. **THE ASSOCIATED PRESS**

Pill's risks to be spelled out?

WASHINGTON. U.S. government health regulators are leaning toward adding new information about the risk of blood clots to labels of widely prescribed birth control pills such as Yaz. **THE ASSOCIATED PRESS**

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Congo's election voted ... a mess

► Results delayed amid chaos
► President's legal mandate has to be extended ► Americans told to stay home, violence feared

Congo — and its mishap-scarred election — was in limbo yesterday.

Officials announced a 48-hour delay in the publication of election results from last week's disputed presidential ballot — causing protests.

The government dispatched helicopters to the remote corners of the country to pick up missing tally sheets.

And the clock stopped on Joseph Kabila's presidency.

The threat of unrest hung over the troubled capital, Kinshasa, and international airlines cancelled their flights amid fears over violence.

The U.S. Embassy or-

dered its staff and their families not to leave their residences until further notice.

The American School of Kinshasa will be closed.

The 48-hour delay was all but inevitable following an election that was marred by massive technical glitches.

Some ballots didn't reach polling stations until three days after the vote was supposed to take place.

And even though it was clear that the election commission was not prepared for last week's ballot, the government rushed ahead with the election because the president's five-year term was



► Police form a barricade outside the U.S. Consulate in Toronto yesterday behind people protesting Congo's botched election. Three people were arrested. Protesters said the election was fixed and the world is not acting.

to set expire at midnight last night.

The 48-hour delay means Kabila will be staying in office past his legal mandate — and analysts

worry the country could slide into a situation of unconstitutional power.

"As we haven't yet been able to receive the tally sheets from all 60,000

polling stations in the country, we decided to push back the publication by 48 hours," said Matthieu Mpita of the National Independent Elec-

toral Commission.

"It was our objective to make the deadline," he said, "but we need all the elements."

THE ASSOCIATED PRESS

U.S. man accused in lesbian custody battle

► He helped mother flee to Canada with daughter, it's alleged ► Mom later gave up homosexuality

A man who U.S. officials say helped a woman leave the country with her daughter to avoid giving custody to her former lesbian partner surrendered yesterday to face charges he aided in international parental kidnapping.

It's alleged Kenneth Miller, 46, arranged passage for Lisa Miller to travel to Canada before flying with her daughter in 2009 to Nicaragua, where she was sheltered for a time by Mennonite missionaries.

Kenneth Miller appeared in U.S. District Court in Vermont and was released, said U.S. Attorney Tristram Coffin.

His attorney, Brooks McArthur, did not immediately return a call seeking comment.

Lisa Miller and Janet Jenkins moved to Vermont to be joined in a civil



► Lisa Miller, left, and Janet Jenkins

union in 2000. Two years later, Miller gave birth to Isabella, conceived through artificial insemination.

The couple split in 2003, with Miller renouncing homosexuality and becoming a Christian.

After the breakup, a judge gave Lisa Miller custody of the girl but ordered regular visits with Jenkins

in Vermont.

Miller defied court visitation orders for several years, and in 2009 a Vermont judge turned custody of the child over to Jenkins.

Prosecutors say Lisa Miller and the child travelled to Nicaragua in 2009 before the handover could take place.

THE ASSOCIATED PRESS

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First Nations ask UN to step in

► Chiefs say Ottawa's decision to appoint third-party manager in Attawapiskat shows lack of understanding

First Nations chiefs are ratcheting up the political conflict over Attawapiskat, asking the United Nations to step in to ensure Ottawa is doing its job for the troubled northern Ontario reserve.

In a unanimous resolution passed yesterday, they asked the world body to appoint a "special rapporteur" to determine whether the federal government is meeting its obligations under Canadian law and international treaties.

"We must go together and tell the government: this is our land, this is our life," Attawapiskat Chief Theresa Spence told

dozens of fellow leaders at the Assembly of First Nations' annual meeting.

"We need to say, 'Enough is enough. Respect our treaty and follow our treaty, as we did.'"

The resolution was a last-minute addition to the agenda at the meeting, where anger and disbelief ran thick over the government's handling of the housing crisis in Attawapiskat.

It also demands that the federal and provincial governments respond quickly to communities lacking basic needs.

And it instructs the Aboriginal Affairs minister to stop imposing meas-

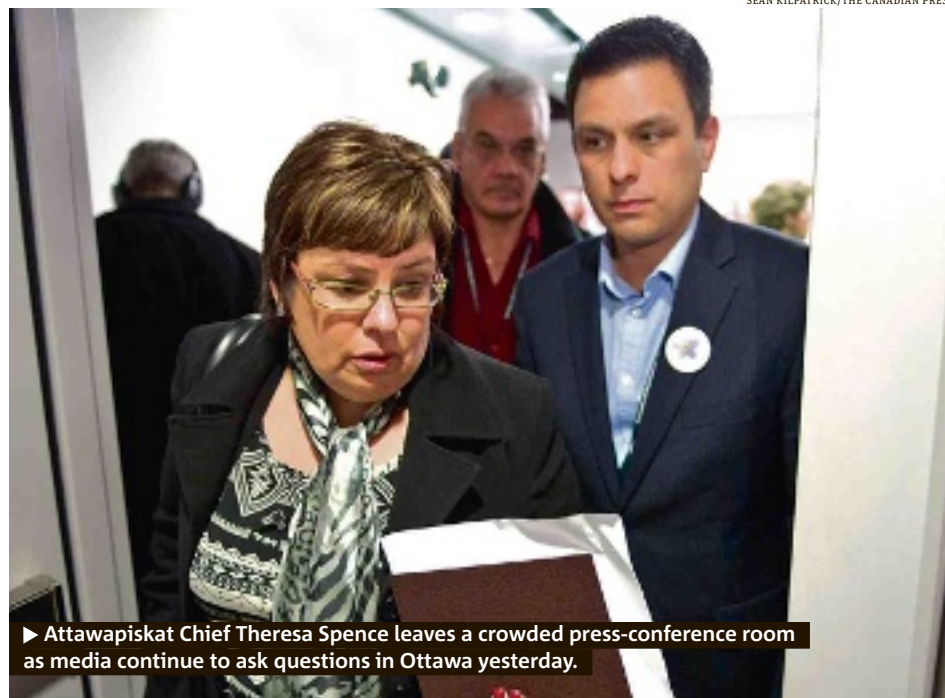
ures and instead work with chiefs and their councils.

A spokeswoman for Aboriginal Affairs Minister John Duncan says the government is committed to working with the chief and council to find ways to give the people warm and dry places to sleep.

THE CANADIAN PRESS

Life on the reserve

► In Attawapiskat, five families are living in uninsulated wood-frame tents with no plumbing, and dozens of families are crammed together in temporary shelters.



► Attawapiskat Chief Theresa Spence leaves a crowded press-conference room as media continue to ask questions in Ottawa yesterday.

"Together we can close the chapter of a very dark period of our history and turn the page to write a new chapter filled with hope and promise for our children and their children to come."

NATIONAL CHIEF SHAWN ATLEO, SPEAKING TO FIRST NATIONS CHIEFS

► The reserve is only one of dozens experiencing severe housing shortages — prompting many chiefs to call for better funding arrangements and a full discussion with Ottawa on how to fix the persistent problem.

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Anarchists clash with Greek cops

► Marches commemorate fatal police shooting of teenager in 2008 ► Violence in Athens, other cities

Two separate marches commemorating the third anniversary of the fatal police shooting of a teenager in central Athens ended in clashes with riot police outside Parliament yesterday.

In the evening, more than a thousand anarchists threw stones, bottles and firebombs at the police, who responded with tear gas and stun grenades as Greek lawmakers debated the 2012 budget.

The rioters were part of a march staged by leftist groups during which more than 3,000 took part, according to police. Many of the marchers who were not involved in the riot dis-

persed but a few hundred continued their march past Parliament.

Riot police gave chase to the anarchists, who split into smaller groups. Some gathered at the site where 15-year-old Alexis Grigoriopoulos was fatally shot by a policeman on Dec. 6, 2008 for a commemorative ceremony in his honour. Sporadic clashes with police broke out near the site.

In a separate march earlier yesterday, about 2,000 students hurled rocks and bottles at police and smashed two nearby store fronts and three bus stops. Other groups of teenagers attacked two suburban po-

lice stations with rocks and bottles.

Police said 14 officers were injured, 11 demonstrators were arrested and 38 detained.

Some 5,000 police were on duty in the capital for yesterday's rallies.

Violence also was reported in Greece's second-largest city, Thessaloniki, where police detained two people after a crowd of youths threw rocks at a government building. An evening march in the city was largely peaceful, but four demonstrators were taken to a hospital with head injuries from riot police batons.

THE ASSOCIATED PRESS

► A protester throws a coffee canister towards policemen during a protest at the northern port city of Thessaloniki, yesterday.



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NIKOLAS GIAKOURIDIS/THE ASSOCIATED PRESS



Mom shoots kids, kills herself

A Texas woman who for months was unable to qualify for food stamps pulled a gun in a state welfare office and held a seven-hour standoff with police that ended with her shooting her two children before killing herself, officials said yesterday.

The 10-year-old boy and 12-year-old girl remained in critical condition. Authorities identified the

mother as Rachelle Grimmer, 38, and children Ramie and Timothy.

Police negotiators stayed on the phone with Grimmer throughout the evening, but she kept hanging up, Laredo police investigator Joe Baeza said.

She allegedly told negotiators about a litany of complaints against state and federal government agencies. **THE ASSOCIATED PRESS**

Search yields no human remains

Police investigating the deaths of 10 people in a suspected serial murder case on Long Island deployed divers and K-9 units yesterday to a marshland near where a prostitute went missing 18



► Shannan Gilbert

months ago but said no human remains were found.

Police declined to comment on whether any items linked to the disappearance of Shannan Gilbert, 24, had been uncovered.

THE ASSOCIATED PRESS

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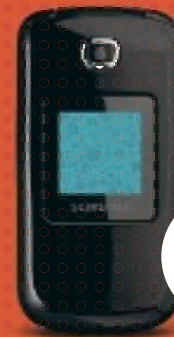
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Privacy czar warns online advertisers

SEAN KILPATRICK/THE CANADIAN PRESS FILE

Online advertisers who balk at following new guidelines for collecting the personal information of web users could become targets of enforcement, Canada's privacy czar said yesterday.

Releasing the guidance document, Privacy Commissioner Jennifer Stoddart said Internet users should have the clear choice to say no to being tracked.

"We want people to understand what is going on before their personal information is collected," Stoddart said.

At their heart, Stoddart said, the guidelines are aimed at promoting trust among consumers, which means respecting privacy rights when it comes to collecting personal information.

THE CANADIAN PRESS



► Privacy commissioner Jennifer Stoddart

Santa Claus promising less in poor economy

TOM COPELAND/THE ASSOCIATED PRESS

► Those playing the jolly bearded one during the holidays are hearing more from kids about tough times

A job for their mom or dad. Money for the heating bill. Food or a place to live. Maybe gloves or boots.

More and more, Santas say the children on their laps are asking for less — and Santa is promising less as well.

With unemployment in the U.S. stubbornly high, more homes in foreclosure and the economic outlook dim, many children who visit Santa are all too aware of the struggle to make ends meet.

"These children understand the conditions around the home when they ask for stuff. They understand when there are other children in the family, they need to be cautious or thoughtful of them as well and not ask for 10 to 12 items," said

Richard Holden, a 69-year-old Santa from Gastonia, N.C.

Cliff Snider, who's been playing Santa since he was a teenager, agrees.

"I think the parents are saying, 'It's an economic thing. Just list two to three things you really want to have,'" he said. "Parents are trying to encourage the children to be thrifty."

"I think it's becoming more popular not to have that long list," said Tom Valent, dean of the Howard Santa school in Midland, Mich., which gets more than 3,000 letters to Santa a year and just graduated its 75th class. "Families are teaching their children to be as much of a giver as a receiver."

THE ASSOCIATED PRESS



► Santa Claus gets a kiss on the cheek from Bella Champion, 3, during a Christmas photo shoot at the Beach Shack in Emerald Isle, N.C.

EU to probe Apple over ebook pricing

The European Union's antitrust watchdog is probing whether Apple helped five major publishing houses illegally raise prices for ebooks when it launched its iPad tablet and iBookstore in 2010.

The probe, announced yesterday, offers a glimpse into the fight for shares of

the growing ebook market, especially as Apple has tried to take on Amazon and its Kindle ebook reader. It also highlights the struggle for profits between retailers and publishers, as more readers download books electronically.

In particular, the European Commission is investi-

Market moment

TSX	Dollar	Oil	Natural gas 1,000 cu ft
- 38.08 (12,081.25)	+ 0.7¢ (99.05¢ US)	+ 29¢ US (\$101.28 US)	\$3.504 (+ 4.3¢) Gold contracts \$1,731.80 (- \$2.70)

gating a significant shift in the way the price of ebooks is determined that occurred in 2010, just as Cupertino, Calif.-based Apple introduced the iPad and its own online bookshop, iBook-

store.

The commission stressed the probe is in its early stages and did not mean the companies actually broke EU competition law.

THE ASSOCIATED PRESS

BAH, HUMBUG? BLAME DICKENS FOR CHRISTMAS

JUST
SAYIN' ...

PAUL SULLIVAN
METRO



It's beginning to look a lot like Christmas.

Yikes!

It's only the first week of December and I'm already suffering from an overdose of

yule. Barely a minute goes by before some company, be it Mercedes Benz or Victoria's Secret, tries to twist my Christmas goodwill into cash at the till. Santa Claus is more common than the cold, and any turkey that survived Thanksgiving is sure to be done like dinner by Dec. 25.

I blame Charles Dickens, who turns 200 not long after Christmas — Feb. 7, 2012, to be precise. Well, actually he's dead and has been since 1870. But the man who wrote A Christmas Carol is no less responsible for Christmas as we know it.

As you know, as it's impossible to avoid, A Christmas Carol is the story of Ebenezer Scrooge, a miserable old fart who sees the error of his ways thanks to being haunted by three very memorable ghosts on Christmas Eve, and

becomes an improbably wonderful, kind, generous friend to all, especially to Tiny Tim, his clerk's frail little son.

Historians believe Christmas is largely the result of a mid-Victorian revival prompted by A Christmas Carol. Dickens reintroduced warmth into what had become mainly a religious holiday by immortalizing

family feasts, greeting cards, seasonal food and drink, fun and games, and an SUV under every tree.

Even though it was published in 1843, A Christmas Carol is not going away soon. There are 200 million copies in print. It's been made into a movie at least 20 times, the most recent being the 2009 Disney 3-D version starring Jim Carey as Scrooge.

We are bombarded by the imagery and iconography of this Dickensian Christmas. Holly, yule logs, crackling fires (where would we be without the 24-7 fireplace channel on cable?), gift giving, carols and the like have been co-opted into an orgy of commercial excess that now begins on or about Halloween, another festival with pagan roots that's completely out of control.

If we don't spend more to achieve the perfect Dickensian Christmas this year than we did last year, business commentators scold us for lacking consumer confidence and the market drops.

I suspect that Dickens, if confronted with this spectacle, would exclaim, "Bah, humbug" in his best Scrooge, and storm off into the night. After all, despite the vast sums made from the conversion of Scrooge, Dickens only ever saw profits that would equate to a mere \$138,275.10 today.

Of course he was the first to try and cash in, writing a Christmas piece in every subsequent year and featuring Scrooge at many of his profitable public readings.

He may have been the first, but he won't be the last. God bless us, everyone.

Read more of Paul Sullivan's columns at metronews.ca/justsaying



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metropolitanpanel.ca
and take the quick poll

Have you been following the NDP leadership race?

THE NDP ARE
HAVING A
LEADERSHIP
RACE?

56%

9%

OF COURSE.
THEY'RE THE
OFFICIAL
OPPOSITION

34%

NOT YET, BUT
I'LL TUNE IN
LATER

Local tweets



- @MichaelleJeanF: Today, we reiterate loud and clear: no to violence against women!
- @breadlady12: Today marks the 22nd anniversary of the massacre at Montreal's École Polytechnique. Let us never forget the 14 women who died.
- @mcollinknight: Grateful to be able to study in safety. #polytechnique
- @MeeraCK: At the #Dec6 vigil to end violence

against woman at the human rights monument in #ottawa

- @Famous5Ottawa: On this day we remember the victims of the Montreal Massacre. Let's strengthen our resolve to eliminate all forms of violence against women.
- @smileinfinity: Le 6 decembre 1989. Aujourd'hui, je me souviens. Today, I remember. #polytechnique massacre #senselessviolence
- @Jennifer_fray: Remembrance is nothing without action #Dec6 #VAW

Daily Zoom

Florida crocs make a comeback



A tale of two forces

A wildlife biologist holds a small crocodile that will be released into one of the cooling canals adjacent to the Turkey Point Nuclear Power Plant in Homestead, Fla.

An unexpected but fruitful relationship has blossomed between the American crocodile and the nuclear power plant.

The crocodile-monitoring program began in 1978, a year after employ-

ees stumbled upon a crocodile nest in the plant's cooling canal system. It turns out that Florida Power and Light was building prime croc habitat just as virtually every other developer was paving it over.

Wildlife officials give the state's largest public utility part of the credit for a five-fold increase in the species' population in Florida.

THE ASSOCIATED PRESS

8 Wildlife biologists use an Avid Microchip Scanner to scan the stomach of a small crocodile. Microchips are used as a reference ID, much like a thumb print, to scan the captured animal, as well as to track any animal that falls prey to others as a result of cannibalism. Biologists said one crocodile was found with eight chips inside its belly.

Endangered

A wildlife biologist measures a small crocodile.

- South Florida's rampant development eroded the crocodile's habitat over decades of booming growth. By the 1970s, there were less than 300 in the state. The federal government had classified the species as endangered, meaning it was in danger of becoming extinct.

2
scene

Mueller



A Colorado judge will let actor Charlie Sheen's ex-wife, Brooke Mueller, to return to California following her arrest in Aspen on assault and drug charges.

THE ASSOCIATED PRESS



Rango, Rio, Puss, Tintin earn Annie nominations for best animated film

Big screen milestones

► Efron celebrates sharing a movie kiss with Michelle Pfeiffer ► They star in New Year's Eve



NED
EHRBAR

SCENE@METRONews.CA

METRO WORLD NEWS IN LOS ANGELES

While New Year's Eve isn't the first time Michelle Pfeiffer and Zac Efron have crossed paths on screen — they had a few choice scenes in 2007's *Hairspray* — it does mark an important milestone in their professional relationship, at least as far as Efron is concerned.

"I met Michelle a few years ago, during *Hairspray*, and had a huge crush on her — always, from day one. Back then I was very, very young and very bashful, and just around her I tended to put my foot in my mouth a lot. I didn't really know what to say to her, and everything just came out wrong," Efron remembers.

"I didn't know what to do. I was very shy. But then I got to talk on the phone with her about this part, I remember. And she said, 'I think we should take this to the next level. We should really push it. Let's get a kiss in there.' And I was like, 'I'm in! I'm in this movie, sign me up. Let's do it.'"

In the film, another ro-



► Zac Efron and Michelle Pfeiffer star in the romantic comedy *New Year's Eve*.

mantic comedy omnibus in the style of Valentine's Day from director Gary Marshall, Pfeiffer stars as Ingrid, a mild-mannered office drone brought out of her shell by Efron's brash bike messenger heart throb style.

"I'm the envy of every girl across the planet, I

think. I got a kiss in there with Zac Efron. Pretty clever of me, at the ripe old age of 53," Pfeiffer says.

Efron is the eternal optimist, though, despite having to battle the elements during filming.

"On the plus side, it was basically us snuggling very close. So it was kind of

nice," he says of the frigid conditions.

"I felt very comforted."

For Efron, the biggest challenge in the film arose when it came time to finally get that kiss with Pfeiffer.

"I remember I was in my hotel room the night before, imagining how I

was going to kiss her, and it was awesome. I was the man in every way," he says.

"And then I went to execute on the day, and right when I got to the crucial moment a huge piece of confetti flew right into my mouth."

Better luck next year.

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Sitting through a familiar film

► Another babysitter film finds Jonah Hill at centre of its wacky hijinks ► Please pass the child-proof aspirin

IN FOCUS

RICHARD CROUSE
SCENE@METRONEWS.CA



Wikipedia says "babysitting is commonly performed as an odd job by teenagers for extra money." While that is undoubtedly the stereotype, the movies have shown us that babysitters come in all shapes and sizes.

This weekend Jonah Hill plays an irresponsible college student who reluctantly looks after his neighbour's wild kids. How wild is it? Well, let's put it this way; I don't think Nanny McPhee had a "red band" trailer.

If it sounds familiar, it should. Twenty-four years ago babysitter Elisabeth Shue led her young charges through the streets of Chicago in *Adventures in Babysitting*. At one point they end up on a nightclub stage. The leader of the house band, played by blues legend Albert Collins, says, "Nobody leaves this place without singing the blues."

After an awkward pause she improvises the *Babysitting Blues*.

"It's so hard babysitting these guys," she sings. "And they should be in bed," replies the guitar player over a classic blues-rock riff.

It's a fantasy, but then again, babysitters have often been the subjects of fantasy. Mary Poppins is a mythical character, a "practically perfect in every way" nanny who knows how to do the right thing in every situation. Kind of like a Victoria Age Super Nanny. In *The Babysitter*, however, Alicia Silverstone was a much different kind of fantasy child-minder.

This 1995 thriller about a babysitter who becomes the object of obsession for not only the young boys she looks after but for their father as well, is more chilling than titillating. The ads hinted at some nudity from star Silverstone, but in reality she refused to do the film unless the nude scenes were removed.

The most lovable movie minder has to be John Candy as Uncle Buck. Even though he pretends to be capable of mutilation with power tools, he's less violent than Rebecca De Mornay in *The Hand That Rocks the Cradle*, manlier than Robin Williams in *Mrs. Doubtfire* and more alive than

all the babysitters in Halloween.

In the movie's most famous scene he answers a

barrage of questions from his nephew, played by Macaulay Culkin.

On the day of filming

the younger actor couldn't remember all the questions, so Candy wrote them out and hid them

where Culkin could read them.

Now that's something a great babysitter would do.



► Jonah Hill, right, stars in the latest incarnation of a babysitter movie.



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The Shore gets another scent

▶ JWOWW is latest celeb to release signature fragrance ▶ 'Sexy perfume' reeks of classy rebranding and 'inspired by days and nights down the shore'

THE WORD

DOROTHY ROBINSON
SCENE@METRONews.CA



Not to be outdone by fellow Jersey Shore cast-member Snooki releasing her own perfume, busty reality star JWOWW is releasing her own signature fragrance, too.

The perfume, also called JWOWW, comes out just in time for the holiday season, retailing at such choice outlets as Kmart, Amazon.com and JWOWWPerfume.com.

According to the press release, JWOWW is a "sexy perfume inspired by days and nights down the shore" (note the New Jersey colloquialism "down the shore," which means "at the beach").

Just in case we can fool ourselves into thinking this scent wasn't created by a

bunch of Chinese child labourers mixing together a bunch of synthetic compounds into something resembling "sweet," there's even a hilarious run down of the "notes" in the \$29.99 bottle:

Top notes: Anjou pear, sparkling citron, fresh air

Middle notes: Rose petals, geranium blossom, sheer muguet

Bottom notes: Sandalwood, deep musk, white moss

A tiny gold JWOWW charm adorns the sleek bottle, which was also created by JWOWW.

This is some seriously classy rebranding from JWOWW here.

I love that "fresh air" is included as one of the predominant "notes," in place of, say, "vomit after a night of Red Bull, 2 a.m. chicken wings, and half a case of Miller Lite," which is what I think of when we think of smells "inspired by days and nights down the shore."



▶ Jenni "JWOWW" Farley attends the MTV Europe Music Awards 2011 last month in Belfast, Northern Ireland.

ALL PHOTOS GETTY IMAGES



▶ Johnny Depp

Depp's bodyguard accused of assault

The Los Angeles Police Department is interested in speaking with Johnny Depp after one of his bodyguards was accused of assaulting a disabled woman at an Iggy Pop concert last week, according to TMZ.

According to the filed complaint, Robyn Ecker — who paid \$600 for her tick-

ets to the concert — claims a member of Depp's entourage grabbed her wrists and wrestled her to the ground after she was dancing too close to his VIP table.

Ecker went to the hospital before filing the complaint.

● METRO

Celebrity tweets



Had a great celebrity sighting today: the @DalaiLama at Chipotle.



@ConanOBrien

Contest: find the account on twitter w/the fewest # of followers & the largest number of tweets. Prize: DVD of the Chevy Chase's Karate Dog.

@joelmchale



@HankAzaria

I confuse tackle with tickle a lot.



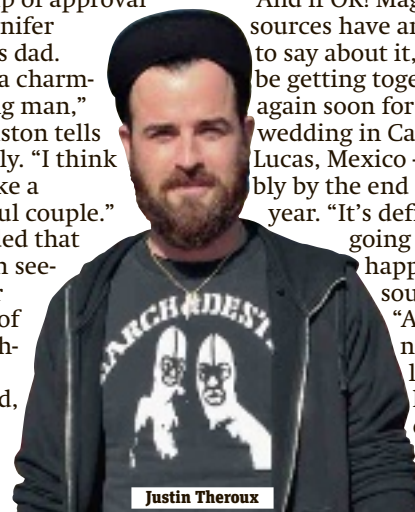
@simonpegg

Slightly confusing doing press for two films simultaneously. Keep talking about Ethan Hunt's faithful canine sidekick, Snowy.

Daddy Aniston likes Theroux

Justin Theroux has gotten the stamp of approval from Jennifer Aniston's dad.

"He's a charming young man," John Aniston tells Us Weekly. "I think they make a wonderful couple." John added that he's been seeing a fair amount of his daughter's boyfriend, as they "get together whenever we can."



Justin Theroux

And if OK! Magazine's sources have anything to say about it, they'll be getting together again soon for a wedding in Cabo San Lucas, Mexico — possibly by the end of the year. "It's definitely going to happen," a source says. "And right now it's looking like sooner rather than later."

● METRO

FROM THE DIRECTOR OF UP IN THE AIR AND THE WRITER OF JUNO

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Rosie's engaged

Rosie O'Donnell and new girlfriend Michelle Rounds' whirlwind romance just picked up speed, as O'Donnell announced on her talk show that the pair are engaged and will be tying the knot over Christmas, according to Hollyscoop.

According to friends, the couple is "very, very happy."

Not so happy? Rounds' parents, who claim they only recently learned their 40-year-old daughter is a lesbian.

"This has been a



▶ Rosie O'Donnell

painful experience for me and my wife," Roger Rounds said previously.

"We'd always held out hope that Michelle would eventually find a nice guy to marry, settle down and have kids. And now this — it's pretty shocking stuff for us to digest."

● METRO

Weight Bias in the Workplace

Imagine having your skills overlooked because you are overweight. Weight bias in employment situations happens more often than you think.

Obesity in the workplace costs companies an alarming amount of money. That's a fact. One estimate puts the costs associated with employing obese people at \$285,000 per year for a company with 1,000 employees. As a nation, obesity is costing Canada roughly \$4.3 billion dollars in healthcare expenses according to the most recent 2001 survey.

South of the border obesity is costing American companies \$45 billion each year in medical coverage and employee absenteeism. Obesity as a health and productivity issue costs companies more than tobacco use or alcoholism.

Given this context, men and women who suffer from being overweight or obese often face the additional struggle of social

stigma and bias in the workplace. Obese adults are often confronted with negative prejudices and stereotypes when applying for a new position. Or, they experience the "glass ceiling" effect when trying to advance within a company.

When it came to job advancement, 15% of human resource personnel said they would be less likely to promote an obese employee even if they had the skills and knowledge that would make them successful in the position. Shockingly, 11% of those surveyed felt it was appropriate to terminate an employee strictly because of their excess body weight.

Despite these negative results, the researchers found that no action was being taken to correct the unfair treatment of overweight employees. Contrary to the popular belief that social pressure will motivate overweight people to "shape up", research has shown that 79% of overweight people react by refusing to diet in an attempt to affirm that the bias is undeserved. Rather than inspiring weight loss, weight bias in the workplace has a detrimental effect on the overweight employee.

Ideally, employers would show genuine concern for the health of their overweight employees by creating healthier work environments that support a healthy lifestyle. Instead of adding the stress and disappointment of being treated unfairly at work, co-workers and management staff should be sensitive and supportive of colleagues who have a weight issue.

Many companies have found that covering the

cost of permanent solutions like weight loss surgery is more cost-effective than paying for disability insurance or on-going prescription weight loss medications that may result in more sick days due to side effects. Addressing obesity in the workplace with effective long-term solutions like gastric banding surgery can also lower the cost of worker's compensations for injuries or accidents that occur at the office.

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*Gastric banding results in an average of 58% excess weight loss within the first three years and patients continue to maintain their weight loss even up to seven years later. (Niville E et al. A mid-term Experience with the Cousin Bioring - Adjustable Gastric Band. Obes Surg 2011; May 5. [EPub])
**Terms and Conditions apply to all offers. Contact Slimband clinic for details. Offer ends: 31/12/2011

3 life

Travel in brief



Readers of Global Traveler magazine have voted Air Canada the best airline in North America. The award is based on responses from more than 36,000 readers of the magazine. Global Traveler readers are frequent premium travellers who average 32 round-trip flights a year, with 78 per cent travelling in first or business class regularly. Air Canada says winning the loyalty of premium customers is a priority for all carriers.

THE CANADIAN PRESS



Ski resorts around world use artist's hand-painted panoramas in their trail maps



First Tango in Buenos Aires



EMMA E. FORREST
LIFE@METRONEWS.CA

I've been in Buenos Aires for less than an hour and already I'm feeling the bizarre atmosphere of addiction and romance that's at the heart of the world of tango.

"It used to be just Argentines who danced tango," my taxi driver is enthusing. "Now people come from Australia, Canada, Europe... even Korea and Japan."

Tango attracts particularly dedicated — not to say fanatical — followers and for millions of people the Argentine capital has become the ultimate place

of pilgrimage.

Private tango tuition rather than group classes is considered a must, so I'm partnered with fellow tango-virgin, Turkish TV presenter Asli Pelit, for my first foray into the dance. We take our first tentative baby steps as tangueros on Susana Mirosmik's little terrace as steaks sizzle on the parilla (barbecue), which will be a welcome reward for our efforts.

Susana has been dancing tango for more than 20 years and is one of the most well-known faces in the tango scene here. "You must learn to walk before you can dance," she says as she shows us how to move. "A graceful walk is the

very basics of the dance."

We move in carefully measured circles around the terrace and begin to grasp the meditative aspect that aficionados claim is the essence of the tango experience.

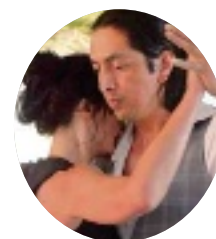
Some come to Buenos Aires to watch spectacular tango exhibitions or to spend a fortune on months of private lessons. Some dedicated pilgrims come simply to immerse themselves in the serenity of the milongas. These are traditional local dances where the purest tango can be found, and Susana guides us to a milonga at La Nacional. Alcohol consumption is low and voices lower still. The men affect

the stance of gentleman matadors and the women demure debutantes. On the dance floor any exuberant exhibitionism is frowned upon. Poise and reserve are the keys to acceptance at a traditional milonga like this.

I'm aware that elegance and matador poise are yet to establish a permanent place in my psyche, but under Susana's guidance I'm at least able to appreciate the under-stated subtleties of milonga footwork.

I might only be on my first steps to tango expertise but it feels good to be able to say that I have at least learned to really walk in Buenos Aires.

TAKES THREE TO TANGO



LEARN

Susana Mirosmik is arguably the best contact to set up tango lessons in Buenos Aires. Her company Su Tours can also arrange everything from tango instructions to accommodation and weeklong tours of upcountry Argentina. sutours.blogspot.com



PARTIES

Some of the most recommended milongas — traditional local tango dances — are La Nacional, El Arranque and La Ideal. Milongas cost around \$5 admission and many include an hour of tuition at the beginning. buenosaires-milongas.com



SHOWS

The most famous and spectacular tango shows can be seen at Rojo Tango (from \$220; rojo-tango.com), at La Ventana Tango (from \$90; tangotix.com) and La Esquina Carlos Gardel (esquinacarlosgardel.com.ar).

Season was made for cookies

► The holidays are all about tasty sweets and treats ► These can be frozen for up to 1 month

HOLIDAY HELPER

EMILY RICHARDS
FOOD@METRONEWS.CA



These cookies not only can be enjoyed fresh but they freeze well and are perfect to share at a cookie exchange.

Preparation:

- 1 In bowl, whisk flour, cocoa powder, baking powder, soda and salt.
- 2 In another bowl beat butter and sugar until fluffy. Beat in egg and sour cream. Stir espresso powder into vanilla, add to butter mix; beat to combine.

Ingredients:

- 2 1/4 cups (550 mL) all purpose flour
- 1/3 cup (75 mL) unsweetened cocoa powder
- 1/2 tsp (2 mL) each baking powder and soda
- Pinch salt
- 1/2 cup (125 mL) butter
- 3/4 cup (175 mL) granulated sugar
- 1 egg
- 1/2 cup (125 mL) sour cream
- 1 tbsp (15 mL) vanilla
- 1 tsp (5 mL) instant espresso powder
- 1/4 cup (50 mL) cocoa nibs
- 1/4 cup (50 mL) mini chocolate chips
- 1/2 cup (125 mL) icing sugar

3 Stir in flour mix and stir until combined. Stir in cocoa nibs and chocolate chips until combined. Roll level tablespoon (15 mL) of dough into a ball and roll into icing sugar and place on parchment paper lined baking sheet. Bake in centre of 350 F (180 C) oven for about 10 minutes or until top is cracked and firm to the touch. Repeat with

remaining dough. Let cool in pan on rack. **EMILY IS A HOME ECONOMIST, COOKBOOK AUTHOR & CHEF (EMILYRICHARDSCOOKS.CA)**

Holiday prep

► We're here to help Every Wednesday until Christmas, Metro's Emily Richards will provide you tips to make the holiday whirlwind less stressful.



Chocolate Crackles

► This recipe makes about four dozen cookies.

Drink of the week

Clementine Rosemary Martini

- 2 oz dry gin
- 1 oz Lillet Blanc
- 1 clementine, quartered
- 1 sprig rosemary
- 1 tsp lemon simple syrup
- Candied lemon peel

Muddle clementine, including peel, with needles from rosemary sprig. Add other ingredients, shake with ice, and strain into cold martini glass. Garnish with another sprig and a small amount of candied lemon peel.

Note: To make candied lemon peel and simple syrup, peel 3 lemons (avoiding white pith) and thinly slice. Boil strips with 500 ml water and 2 cups sugar until lemon turns translucent. Strain lemon out and let dry on baking tray. Add little water to leftover lemon syrup if needed.

JOE HOWELL, TORONTO BARTENDER AND MIXOLOGIST

THE CANADIAN PRESS/H/O



► This recipe makes about 625 ml (2 1/2 cups) of dip.

Dip into the perfect holiday snack

► You can feel good about serving this creamy Walnut Spinach Dip at your next get-together

Stick to a healthy eating regimen even during the holidays with iron-rich walnut spinach dip made with low-fat yogurt, crumbled walnuts and chopped spinach.

Serve it with freshly cut vegetables and whole-grain crackers for a filling snack or as an eye-catching appetizer.

You can also use the dip as a garnish on baked or

roasted potatoes or as a spread on turkey or chicken sandwiches.

Preparation:

1 In a bowl, stir together spinach, cottage cheese, walnuts, yogurt, dill, soy sauce, mustard, Worcestershire sauce, celery salt, hot sauce, onion and garlic powder until well combined. Add salt

and pepper to taste. Cover and refrigerate in an airtight container for up to 1 week.

THE CANADIAN PRESS/CALIFORNIA WALNUTS, WALNUTINFO.COM/ADAPTED BY EMILY RICHARDS, PROFESSIONAL HOME ECONOMIST, COOKBOOK AUTHOR AND A TV CELEBRITY CHEF. FOR MORE, VISIT EMILYRICHARDSCOOKS.CA.

Ingredients:

- 1 pkg (300 g) frozen chopped spinach, thawed and well drained
- 250 ml (1 cup) pressed cottage cheese
- 250 ml (1 cup) walnut pieces, toasted
- 150 ml (2/3 cup) low-fat yogurt
- 45 ml (3 tbsp) freshly chopped dill
- 15 ml (1 tbsp) soy sauce
- 10 ml (2 tsp) Dijon mustard
- 5 ml (1 tsp) Worcestershire sauce
- 5 ml (1 tsp) celery salt
- 2 ml (1/2 tsp) hot sauce
- 2 ml (1/2 tsp) each onion and garlic powder
- Salt and pepper

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STUDENT VOICE

ASAD CHISHTI
TALENTEGG.CA

The more I want something, the less I call it work.

There is, in my experience, no reason in this day and age for you to be working at a place or doing something you don't enjoy.

The career you do want to pursue requires now, more than ever, that you create your own experi-

ence.

Too many of my friends all across Canada are struggling after graduation to find work, struggling during university to find placements that aren't voluntary for their co-op terms, and are trying to find work in the summer and being turned down from hundreds of job postings relevant to their field of study.

As a second year engineering chemistry student at Queen's University, I'm not sure what the future holds for my career path.

Some of the graduates from my program go into consulting, some go into research and development, a few outliers become entrepreneurs — most return to school for graduate studies.

But it seems like to get a job, networking matters. The jobs that I've held have been both part-time and referred to me by people who worked there.

It is no surprise that fresh undergraduates are now competing not only among each other but also among more qualified, more experienced veterans of the job industry.

It's important to find



► Asad Chishti encourages employers to take note of a student's involvement in extra-curricular activities rather than simply considering their work experience.

an edge over the competition and to stand out by creating an outlet for your passion and future career. I believe we can

take charge of our own future by getting involved now.

Because I think it's very important to dabble and

Where Asad is now

I'm currently a second year engineering-chemistry student at Queen's. (And I love it!)

supplement my studies with as many skills as possible, and I'm very involved in extra-curricular activities. I'm the assistant photo editor for the Queen's Journal, Canada's second oldest newspaper.

I help run an annual independently-organized TED talks event, TEDx-QueensU.

Along with this, I've founded and am currently the chapter President of Journalists for Human Rights (JHR) Queen's University Chapter. JHR is Canada's largest international media development organization. Our goal is to make everyone in the world fully aware of their rights.

It is a Toronto-based organization that trains journalists in Africa while the university chapters raise awareness about local issues and problems.

Employers need to look past the grades and the degrees. Students should be hired based on their

ability to learn, not based on what they've already learned.

Watch out for the students who are already taking on different roles and establishing relationships. The university experience is not just about your transcript, it's about the people you meet and the opportunities you have as an individual to grow outside the classroom setting.

I think employers should give new hires ownership of their work.

Start-ups are phenomenal — even when they fail, because everyone on the team has a personal stake in the business and understands how their work affects the product, impacts the customer and ultimately helps build a team that the company relies on.

TALENTEGG.CA, CANADA'S ONLINE CAREER RESOURCE FOR STUDENTS AND RECENT GRADS, WANTS TO HEAR YOUR STUDENT VOICE. SHARE IT AT TALENTEGG.CA.

What I learned

Key take-aways from Asad's experience

- Don't be afraid to be non-traditional, to step outside of the classroom and learn from there.
- Your grades do matter of course, but university is also about the friends you find and the relationships that bind.
- Keep your options open, get involved early and if you can't find an opportunity, create one.

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Holiday bonus?

► Is your office on Santa's good list this year? ► In these unstable financial times, it may not matter

JULIA WEST
LIFE@METRONEWS.CA
MWN IN PHILADELPHIA

When your job security is already on shaky ground, hinting at end-of-year bonuses in front of your boss may not be the best bet.

"For some companies, the economy is still dicey. For those that will give bonuses, the amounts will be all over the place," says Michael Gale, an attorney in the Philadelphia office of Fisher & Phillips, a national firm that represents employers.

Keep in mind that a bonus is just that: a little something extra that companies provide if they can. Your padded paycheck depends on your company's financial ability.



► The gift of keeping your job may have to be enough this year.

"As owner of Between the Bread, I have held back on giving bonuses for the past two years. And unfortunately I am not planning on giving bonuses this year either," says Ricky Eisen of this year's situation at his Manhattan

catering company.

"The extremely difficult economic climate has necessitated the constant weighing and shifting of priorities and prompts questions like, 'Do we keep all of our staff employed? Do we let some go, and give modest bonuses to the remaining employees? Do we hold onto the cash we accrued over the year? Or do we give the cash as bonuses and start the year with less operating and emergency cash?'"

On the other hand, a study developed by Robert Half International polled 1,250 senior executives employed at firms that gave bonuses last year and found that of those interviewed, 30 per cent expected to give even bigger bonuses than they did last year.



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Véronique DiCaire
porte-voix de La Cité collégiale



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With more and more

kinds of electronic gadgets for storing and manipulating data, experts in computer forensics need to deal with a lot more

than just computers.

"Smartphones, iPads, tablets, GPS systems, game consoles, still and video cameras, the com-

puters on cars — computer forensics techs are experts at extracting digital data so it can be used in court," explains Pamela



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Vincent van Gogh goes to school

A Canada wide school project with great opportunities

| Kingdom of the Netherlands | Kingdom of the Netherlands | Kingdom of the Netherlands | Kingdom of the Netherlands | Kingdom of the Netherlands

Ever heard of a guy called Vincent van Gogh? The famous Dutch artist who was born more than 150 years ago in the Netherlands and who became known as an innovator in the art world. If you have heard of him, did you ever wonder how it would be to follow in his footsteps and use your own creativity just as he did? The Netherlands Embassy and its network in Canada invite teachers and students to participate in the "Vincent van Gogh goes to school" project, which will run from February – June 2012. The project is designed for children between the ages of 6 and 16 years old. Both elementary and high schools can join.

The school project coincides with Vincent's visit to Canada in the spring of 2012: the National Gallery of Canada, located in the capital Ottawa, will host "Van Gogh: Up Close" from May 25 – September 3 (2012). It will be the first major Canadian exhibition of works by the famous Dutch artist for more than 25 years.

Useful teacher's kit

Join us right now and we will send a teacher's kit including the "See and Do Children's Book" from Ceciel de Bie and Martijn Leenen, a dvd about the life of "Vincent van Gogh" to use in a class room setting. The teacher's kit will be distributed on a first come first served principle; last entries no later than January 17, 2012.

Learn, explore and experience

• Learn together with schools in the Netherlands that are participating in this project and would like to connect with schools in Canada.

Embassy of the Kingdom of the Netherlands - www.dutchmissions.com

• Explore possibilities of the "Vincent van Gogh goes to school" project in your own class: it is not just about art per se. Van Gogh can be a history project, a biology project or even a language class.

• Experience the Netherlands and discover interesting facts about the Dutch, their country and the friendship with Canada.

Make - with your classmates and with the support of your teacher - an awesome painting of sunflowers; write a letter to Vincent; or, how about using your creativity to produce a movie, a rap, a comic, a poster, a board game or a picture? Increase your chances to win by uploading a video, a song, or a picture to the specially designed vincentincanada Facebook page from the Netherlands Embassy. Students can also sign up individually, and will be organized in the appropriate age category. The Sun Flowers – age group 6 – 10; The Irises – age group 10 – 13 and The Wild Roses – age group 13 – 16.

Are you in?

For more information on this project, to register and to receive the kit, send an email to:

ott-ppc@minibuz.nl

For all the details about the contest:

scan the QR code or go to

Facebook.com/thenetherlandsincanada



King, director of the computer forensics program at Community College of Philadelphia.

The program, available at both the Center City and Northwest campuses, incorporates hands-on training. King says: "Students take classes in computer science and in criminal justice — and then specific computer forensics courses that bring these two fields together."

Students include people working in IT and paralegals who want to specialize in a growing field. There are also a fair

number of career-changers, including people leaving the military.

"The combination of technology and law enforcement makes the field a good fit for them," King says.

Some graduates begin working as soon as they get their associate's degree. Others go on to complete bachelor's degrees, though there are only a few four-year programs in the area — including Drexel, Chestnut Hill College and Holy Family. "It's exciting that [CCP] is one of so few schools offering this training," King says.

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Michalek carving a new path

► With injuries behind him, forward is showing why he's key to Sens' future ► 'He's brought to the table that energy and effort and the results are starting to show,' Murray says of top scorer

With his name among the NHL goal-scoring leaders, Senators forward Milan Michalek is finally helping Ottawa hockey fans forget all about Dany Heatley.

Michalek entered yesterday with 16 goals, tied with Tampa Bay's Steven Stamkos and Toronto's Phil Kessel for second overall in the NHL's goal scoring lead. Chicago's Jonathan Toews leads the league with 17.

Michalek was acquired in the fall of 2009 when an unhappy Heatley demanded a trade from Ottawa. General manager Bryan Murray made a deal with the San Jose Sharks for Michalek, Jonathan Cheechoo and a second-round pick.

Ottawa fans were initially unhappy with move, considering Heatley had two 50-goal seasons, but these days those same fans are coming to appreciate Michalek a lot more.

"There's no question he was judged a little harder than maybe a normal new player would be," said Murray. "We knew what we had as far as effort was concerned and now to see the tangible goals that he's getting for us at important moments in games is sort of the difference from what we saw in the past."

One of the biggest factors in Michalek's current season is his health. The past two seasons Michalek



► Milan Michalek is finally starting to show why he was the centerpiece of the 2009 Dany Heatley trade.

had been held to 66 games because of injuries, but this past summer he was able to train hard and so far he's been rewarded for his work.

"I'm confident right now and healthy and I just hope it's going to stay like that," said Michalek.

The Senators believe that Michalek's summer preparation has been instrumental to his current success.

"He's the same type of player, but the issue that he

48

Through 27 games, Senators sniper Milan Michalek is on pace for 48 goals.

had before was injuries," said Murray. "It certainly affects a player when you don't get the consistent ice time that you need to develop your game and over the last summer it looks like

Milan got himself totally healthy and in great shape."

Should he stay on pace Michalek is sure to surpass his career high 26 goals from 2006-07, but he isn't thinking too far ahead.

"It's nice to be up there with those great guys. I'm happy things are going good for me right now, but the season is long and there's going to be some up and downs," said Michalek. "If I can score 30 it would be nice."

Michalek, who turns 27 today, doesn't enjoy the comparisons with Heatley, but they're inevitable. The only comment the Czech native offered is to admit "Heater and I are different players; we do different jobs on the ice."

At the time of the deal most believed the Sens came out on the losing end, but these days Heatley, now playing for the Minnesota Wild, has just eight goals.

THE CANADIAN PRESS

Sens creating tough choices for all-star game

THE HOCKEY NEWS

MURRAY PAM

OTTAWA@METRONEWS.CA



There may be more than a few cases of carpal tunnel syndrome around Ot-

tawa in the coming days as Senators fans feverishly tap their keyboards and cellphones in order to get their hometown heroes elected to the starting line-up for the NHL All-Star

Game.

The Senators have five players on the ballot: forwards Daniel Alfredsson, Milan Michalek and Jason Spezza; and defencemen Sergei Gonchar and Erik Karlsson. While you can make arguments for all five to be included in the showcase event, the numbers' game makes it likely only two or three will earn berths.

Gonchar, for starters, is a longshot. The target of boo-birds earlier in the season for poor defensive play, has turned his game around. He is a plus-one on a minus team, while

recording 18 points in 26 games. However, there probably won't be room for two Sens on the blue-line and Gonchar will have to step aside for the emerging Karlsson.

The 21-year-old looks locked in to be a starter, amassing a 28,000-vote lead over Toronto's Dion Phaneuf. While Karlsson is still learning the defensive game, few can match his abilities with the puck. The young Swede is tied for second in the NHL with 21 assists and is also even with Florida's Brian Campbell for tops among defencemen with 23 points.

And up front? Alfredsson is a sentimental favourite, despite his sub-par season. Media outlets have been encouraging fans to flood the ballot box for 'Alfie' and the campaign is working so far — the captain is third in forward balloting. Alfredsson will turn 39 next week, it may be his swan song and, even if he falls out of the top three in voting, the league's selection committee would be wise to extend him an invitation.

If Alfredsson is voted in, what will that mean for Spezza and Michalek? Both are deserving. Michalek is

tied for second in the NHL with 16 goals, while Spezza is a top 25 point-getter. Spezza has proven to be dynamic throughout his nine years in Ottawa and his career contributions to the franchise could carry the day. On the other hand, this is the first season Michalek is being mentioned in the same breath as the league's elite. Despite the goals, the 27-year-old may join a long list of players who have had excellent starts, but get overlooked. We'll have a better sense after Jan. 4, when online voting for the contest closes.

4

sports

Senators preview

Washington
at Ottawa
7 p.m.
TV: TSN



Ottawa (13-11-3) hosts the Capitals (13-12-1), who won their only game so far under new head coach Dale Hunter against the Senators on Saturday. Alex Ovechkin's struggles this season continue. He has two points in his last five games and one goal in his last 12. With defencemen Roman Hamrik (lower body) and Mike Green (groin) day-to-day, John Carlson has picked up his play with three assists in Monday's loss to Florida. Washington is 4-8-0 on the road this season.

THE CANADIAN PRESS



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NATIONAL HOCKEY LEAGUE

EASTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Pittsburgh	28	16	8	2	2	86	69	36	8-2-2-0	8-6-0-2	5-4-1-0	L1
d-Boston	25	17	7	0	1	88	52	35	10-5-0-1	7-2-0-0	9-0-0-1	W4
d-Florida	27	15	8	1	3	78	69	34	6-2-1-3	9-6-0-0	6-3-1-0	W2
NY Rangers	24	15	6	1	2	71	55	33	7-2-0-1	8-4-1-1	7-3-0-0	L1
Philadelphia	25	15	7	2	1	90	73	33	6-4-1-1	9-3-1-0	7-3-0-0	W2
Toronto	27	15	10	1	1	87	87	32	6-4-1-1	9-6-0-0	5-4-0-1	W1
Buffalo	26	14	11	0	1	72	69	29	6-8-0-1	8-3-0-0	4-5-0-1	W1
Ottawa	27	13	11	2	1	83	91	29	7-4-0-1	6-7-2-0	6-2-2-0	W1
Washington	26	13	12	0	1	79	84	27	9-4-0-1	4-8-0-0	3-7-0-0	L1
Montreal	27	11	11	2	3	67	69	27	4-5-2-2	7-6-0-1	3-4-2-1	W1
Winnipeg	26	11	11	3	1	75	82	26	7-4-0-0	4-7-3-1	6-3-1-0	W2
New Jersey	25	12	12	0	1	62	72	25	5-4-0-1	7-8-0-0	4-6-0-0	L4
Tampa Bay	26	11	13	0	2	69	84	24	7-4-0-0	4-9-0-2	3-7-0-0	L4
NY Islanders	24	8	11	3	2	52	78	21	5-6-2-0	3-5-1-2	4-4-1-1	W1
Carolina	28	8	16	2	2	66	94	20	5-9-0-2	3-7-2-0	2-8-0-0	L6

WESTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Minnesota	27	17	7	2	1	69	60	37	10-4-1-0	7-3-1-1	9-1-0-0	W4
d-Chicago	28	16	8	1	3	93	88	36	8-2-0-3	8-6-1-0	5-4-0-1	L1
d-Dallas	26	15	10	0	1	69	72	31	9-4-0-1	6-6-0-0	4-5-0-1	L1
Detroit	25	16	8	1	0	75	56	33	10-2-1-0	6-6-0-0	7-3-0-0	L1
Vancouver	26	15	10	0	1	83	67	31	7-4-0-1	8-6-0-0	7-3-0-0	W1
St. Louis	26	14	9	0	3	63	58	31	8-3-0-1	6-6-0-2	6-2-0-2	L2
Phoenix	26	14	9	1	2	71	65	31	7-5-1-1	7-4-0-1	5-5-0-0	W1
Los Angeles	26	13	9	2	2	60	58	30	8-7-0-1	5-2-2-1	6-3-1-0	L1
San Jose	23	14	8	1	0	67	56	29	7-5-1-0	7-3-0-0	6-4-0-0	L1
Edmonton	27	13	11	0	3	76	71	29	7-4-0-2	6-7-0-1	4-5-0-1	L1
Nashville	26	12	10	3	1	68	71	28	4-4-2-1	8-6-1-0	4-5-1-0	L1
Colorado	27	13	13	1	0	75	78	27	7-9-0-0	6-4-1-0	5-5-0-0	W3
Calgary	26	11	13	1	1	60	72	24	5-5-1-1	6-8-0-0	4-5-0-1	L1
Anaheim	26	7	14	2	3	60	87	19	5-9-1-0	2-5-1-3	1-7-1-1	L2
Columbus	26	7	16	0	3	62	88	17	5-7-0-1	2-9-0-2	4-6-0-0	L1

d — division leaders ranked 1-2-3 regardless of points; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) column.

Last night's results

New Jersey at Toronto
Tampa Bay at N.Y. Islanders
Columbus at Montreal
Detroit at St. Louis
Phoenix at Nashville
Boston at Winnipeg
Carolina at Calgary
Colorado at Vancouver
Los Angeles at Anaheim
Minnesota at San Jose

Monday's results

Toronto 4 N.Y. Rangers 2
Ottawa 4 Tampa Bay 2
Boston 3 Pittsburgh 1
Florida 5 Washington 4
Phoenix 4 Chicago 3 (SO)

Tonight's games

All times Eastern

Washington at Ottawa, 7 p.m.
Philadelphia at Buffalo, 7:30 p.m.
Carolina at Edmonton, 9:30 p.m.

Tomorrow's games

Florida at Boston, 7 p.m.
Ottawa at New Jersey, 7 p.m.
Chicago at N.Y. Islanders, 7 p.m.
Tampa Bay at N.Y. Rangers, 7 p.m.
Pittsburgh at Philadelphia, 7 p.m.
Nashville at Columbus, 7 p.m.
Vancouver at Montreal, 7:30 p.m.
Phoenix at Detroit, 7:30 p.m.
Anaheim at St. Louis, 8 p.m.
Colorado at Calgary, 9 p.m.
Minnesota at Los Angeles, 10:30 p.m.
Dallas at San Jose, 10:30 p.m.

SCORING LEADERS

	G	A	PT
Kessel, Tor	16	18	34
Toews, Chi	17	15	32
Giroux, Pha	15	17	32
Lupul, Tor	13	18	31
D.Sedin, Vcr	9	21	30
P.Kane, Chi	8	22	30
Stamkos, TB	16	13	29
Nugent-Hopkins, Edm	12	17	29
Weiss, Fla	11	18	29
Fleischmann, Fla	12	16	28
Versteeg, Fla	12	16	28
Eberle, Edm	10	18	28
Sharp, Chi	13	14	27
Vanek, Buf	12	15	27
Backstrom, Wash	9	18	27
Pominville, Buf	9	18	27
H.Sedin, Vcr	8	19	27
Smyth, Edm	12	14	26
Ma.Hossa, Chi	11	15	26
Neal, Pgh	14	11	25
Seguin, Bos	13	12	25
Franzen, Det	12	13	25
Kopitar, Lar	10	15	25
Spezza, Ott	9	16	25
Selanne, Ana	9	16	25
Malkin, Pgh	9	15	24
Datsyuk, Det	8	16	24
Vrbata, Phx	13	10	23
Skinner, Car	11	12	23
B.Richards, NYR	10	13	23
Ra.J.Whitney, Phx	9	14	23
Benn, Dal	6	17	23
Karlsson, Ott	2	21	23
Campbell, Fla	2	21	23
Michalek, Ott	16	6	22
Gaborik, NYR	13	9	22
Hartnell, Pha	11	11	22
Perry, Ana	11	11	22
Eriksson, Dal	10	12	22
Plekaneec, Mtl	6	16	22
E.Kane, Wpg	14	7	21
Elias, NJ	9	12	21
Dupuis, Pgh	8	13	21
St. Louis, TB	8	13	21
Jagr, Pha	8	13	21
C.Smith, Nash	8	13	21
Filppula, Det	8	13	21
Tavares, NYI	8	13	21
O'Reilly, Col	6	15	21
J.Thornton, SJ	5	16	21
Parenteau, NYI	4	17	21
M.Koivu, Minn	4	17	21
M.Bergeron, TB	3	18	21
M.Richards, LA	11	9	20
Pavelski, SJ	11	9	20
Lucic, Bos	10	10	20
Marleau, SJ	10	10	20
Briere, Pha	7	13	20
Horcoff, Edm	7	13	20
Prospal, Clb	6	14	20
Getzlaf, Ana	6	14	20
Moulson, NYI	13	6	19
Couture, SJ	10	9	19
Pacioretty, Mtl	10	9	19
Marchand, Bos	9	10	19
Duchene, Col	9	10	19
Ovechkin, Wash	8	11	19
Nash, Clb	8	11	19
Legwand, Nash	7	12	19
Lidstrom, Det	6	13	19
Bergeron, Bos	5	14	19
Kulikov, Fla	3	16	19
Letang, Pgh	3	16	19
Keith, Chi	2	17	19

Last night's games not included

NFL

AMERICAN CONFERENCE

EAST	W	L	T	Pct	PF	PA
New England	9	3	0	.750	362	247
N.Y. Jets	7	5	0	.583	290	260
Buffalo	5	7	0	.417	278	304
Miami	4	8	0	.333	246	220
SOUTH	W	L	T	Pct	PF	PA
Houston	9	3	0	.750	310	189
Tennessee	7	5	0	.583	249	229
Jacksonville	3	9	0	.250	152	238
Indianapolis	0	12	0	.000	174	358

NORTH	W	L	T	Pct	PF	PA
Baltimore	9	3	0	.750	296	192
Pittsburgh	9	3	0	.750	268	195
Cincinnati	7	5	0	.583	266	250
Cleveland	4	8	0	.333	175	240

WEST	W	L	T	Pct	PF	PA
Denver	7	5	0	.583	256	292
Oakland	7	5	0	.583	274	308
San Diego	5	7	0	.417	287	289
Kansas City	5	7	0	.417	163	268

NATIONAL CONFERENCE

EAST	W	L	T	Pct	PF	PA
Dallas	7	5	0	.583	283	244
N.Y. Giants	6	6	0	.500	287	315
Philadelphia	4	8	0	.333	271	282
Washington	4	8	0	.333	202	256
SOUTH	W	L	T	Pct	PF	PA
New Orleans	9	3	0	.750	393	269
Atlanta	7	5	0	.583	269	244
Carolina	4	8	0	.333	290	324
Tampa Bay	4	8	0	.333	218	329
NORTH	W	L	T	Pct	PF	PA
y-Green Bay	12	0	0	1.000	420	262
Detroit	7	5	0	.583	333	277
Chicago	7	5	0	.583	291	242
Minnesota	2	10	0	.167	246	330

WEST	W	L	T	Pct	PF	PA
y-San Francisco	10	2	0	.833	288	161
Seattle	5	7	0	.417	216	246
Arizona	5	7	0	.417	232	269
St. Louis	2	10	0	.167	140	296

y-clinched division	W	L	T	Pct	PF	PA
Monday's result						
San Diego 38						
Jacksonville 14						

Tomorrow's game	W	L	T	Pct	PF	PA
All times Eastern						
Cleveland at Pittsburgh, 8:20 p.m.						
Sunday's games						
New Orleans at Tennessee, 1 p.m.						
Indianapolis at Baltimore, 1 p.m.						
Kansas City at N.Y. Jets, 1 p.m.						
Minnesota at Detroit, 1 p.m.						
Houston at Cincinnati, 1 p.m.						
Tampa Bay at Jacksonville, 1 p.m.						
Atlanta at Carolina, 1 p.m.						
Philadelphia at Miami, 1 p.m.						
New England at Washington, 1 p.m.						
San Francisco at Arizona, 4:05 p.m.						
Chicago at Denver, 4:05 p.m.						
Buffalo at San Diego, 4:15 p.m.						
Oakland at Green Bay, 4:15 p.m.						
N.Y. Giants at Dallas, 8:20 p.m.						
Monday, Dec. 12						
St. Louis at Seattle, 8:30 p.m.						

SOCCER

EUROPEAN CHAMPIONS LEAGUE

(Home teams listed first; x — advances)

FIRST ROUND

GROUP A	GP	W	D	L	GF	GA	Pts
x-Bayern Munich	5	4	1	0	11	4	13
Napoli	5	2	2	1	8	6	8
Manchester City	5	2	1	2	7	6	7
Villarreal	5	0	0	5	2	12	0
Today's games							
Manchester City (Eng.) vs. Bayern Munich (Ger.)							
Villarreal (Spain) vs. Napoli (Italy)							

GROUP B	GP	W	D	L	GF	GA	Pts
x-Inter Milan	5	3	1	1	7	5	10
Trabzonspor	5	1	3	1	3	5	6
Lille	5	1	2	2	6	6	5
CSKA Moscow	5	1	2	2	7	7	5
Today's games							
Lille (France) vs. Trabzonspor (Turkey)							
Inter Milan (Ita.) vs. CSKA Moscow (Rus.)							

GROUP C	GP	W	D	L	GF	GA	Pts
Benfica	5	2	3	0	7	4	9
Manchester Un.	5	2	3	0	10	6	9
FC Basel	5	2	2	1	9	8	8
Otelul Galati	5	0	0	5	3	10	0
Today's games							
FC Basel (Swi.) vs. Manchester Un. (Eng.)							
Benfica (Port.) vs. Otelul Galati (Roman.)							

GROUP D	GP	W	D	L	GF	GA	Pts
x-Real Madrid	5	5	0	0	16	2	15
Ajax	5	2	2	1	6	3	8
Lyon	5	1	2	2	2	6	5
Dinamo Zagreb	5	0	0	5	2	15	0
Today's games							
Dinamo Zagreb (Croatia) vs. Lyon (Fra.)							
Ajax (Neth.) vs. Real Madrid (Spain)							

GROUP E	GP	W	D	L	GF	GA	Pts
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Engine

The base 328i sedan's previous 230-horsepower inline six-cylinder has been replaced by a 240-horsepower 2.0-litre turbocharged four-cylinder.

The powerplant, which is also showing up in other BMW products, including the larger 5 Series and Z4 roadster, makes 260 pound-feet of torque and can propel the 3 Series sedan to 100 km/h in about six seconds, which is just a touch longer than the 335i's time. That model retains its 300-horsepower six-cylinder turbocharged engine.

Dynamics Control

Standard on all models is a Driving Dynamics Control with four different settings, according to how vigorously you wish to pilot your Bimmer. The most fuel-efficient setting is the ECO PRO mode that, when activated, cuts the horsepower to save fuel (as much as 20 per cent, according to BMW). In ECO PRO, a special instrument-panel display indicates how far the 3's range has been extended.

Fuel efficiency

An electric air conditioning compressor functions on a demand-only basis and a new feature shuts off the engine when you're stopped at intersections, red lights and other gridlock-related pauses, then instantly fires it up again when it's time to roll.

To offset the added power needs, the 3 Series features Brake Energy Regeneration. This system converts the kinetic energy produced when coasting or braking into electrical energy, which is then fed to the battery.



► Trust BMW to find a way to deal with restrictions while still providing a better car. But can the 3 Series please everyone?

BMW's franchise player hopes to remain a leader



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WHEELBASE MEDIA

Arriving in early 2012, the car that's literally "The Franchise" for BMW seems headed in an entirely new direction.

If nothing else, the 3 Series has kept up with the times, which call for sig-

nificant improvements in fuel economy as well as a tread-lightly foot-print that reaffirms and enhances BMW's environmental awareness.

At the same time, BMW must maintain the passion and

performance that has helped its star performer maintain its top-rung status.

The 2012 3 Series walks the walk in fine style.

The sleeker-looking sedan is nearly nine centimetres longer and about five centimetres wider overall.

The changes to the car's basic shape mean a low-slung appearance, especially the front end that's more aerodynamic than the 2011 version.

But important for those who appreciate unrestricted views of the passing scenery, the 3 Series maintains its sensible low-waist, tall-window design

along with thin roof and door pillars.

In an ever-changing environment — business and otherwise — the BMW 3 Series has adapted while still giving drivers precisely what they expect: a car that keeps up with times and continues as a technology, performance and fashion leader.

BASE PRICE:
\$40,000



By comparison

Mercedes-Benz C-Class

Base price: \$38,000
Classy sedan offers something for everyone in content and performance.

Audi A4

Base price: \$39,300
Competent sedan with a neatly styled interior. Base turbo I4 runs strong.

Cadillac CTS

Base price: \$38,500
Sharp looks and comfy cabin keeps buyers happy. CTS-V a very quick ride.
WHEELBASE MEDIA



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Kicking off Canada's motorcycle show season

AUTO PILOT



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What can you do if you're a motorcycle enthusiast, but the weather's colder and bleaker than the heart of a Wall Street CEO? Head to a motorcycle show.

Curiously, you can also head to a motorcycle show, if you're a beef jerky enthusiast. I don't know why beef jerky vendors always set up at the edges of any motorcycle show floor, but they do, and God bless them and their dedication to the meat arts.

This winter's motorcy-

cle/jerky show season starts this weekend in Toronto. The action will take place in the South Building of the Metro Convention Centre, from Friday, Dec. 9 to Sunday, Dec. 11.

This is the show run by the manufacturers, via its Motorcycle and Moped Industry Council (MMIC). After Toronto, the MMIC show makes stops in Calgary, Edmonton, Vancouver, Quebec, Moncton and Montreal.

Avid motorcycle types know that Toronto hosts two major motorcycle shows.

The other one happens after the New Year, bills itself as the Supershow, and takes over the International Centre by the airport. No sense arguing over which one rules, let's just revel in the fact that we have two high quality cycle-fests to check out when it's

too chilly to ride.

Topping the list of bikes I want to check out at this weekend's show is Norton's addition to their Commando 961 line up — the Cafe Racer. Not quite as pretty as the original, but pretty darn close.

Retro is big business these days, but especially in the motorcycle industry, where the average buyer is in

their mid-forties!

Where are the younger riders? I put that question to Neil Graham, editor of Cycle Canada. While he is not sure where they are, or how big a group they currently comprise in the marketplace, he is "encouraged" at least by the industry's efforts to reach out to them. He

cites all the new small, entry-level bikes currently in the marketplace. Bikes like Honda's CBR125R and CBR250R, Kawasaki's Ninja 250R and Ninja 400R, and the just released Suzuki

TU250.

Women buyers are also still scarce on the ground. But Graham believes the number, however small, is at least trending up. No surprise then that the MMIC show in Toronto is "young rider" and "female rider" friendly. She Rides Night (on Friday evening) will be a celebration of women who ride or who are considering taking up the sport.

And the Yamaha Riding Academy will be on site, to give 6-12 year olds a spin on a Yamaha TT-R off-road motorcycle, and to teach the older-folk (16 and up) how to ride a scooter. (Yamaha will also give away a motorcycle or ATV to the lucky winner of a show floor draw.) But rest assured there are plenty of testosterone-friendly events and bikes too. Harley-Davidson will role out its heavy metal thunder, and also present an autograph session with UFC fighters Jake Shields and Brendan Schaub, and

Sked

Partial MMIC Motorcycle Show Schedule

- **Toronto** Dec. 9-11, 2011, Metro Toronto Convention Centre.
- **Montreal** Feb 24-26, Palais des congrès de Montreal.

"Octagon Girl" Brittney Palmer. BMW will show off the S1000RR superbike and its new line of super scooters — the C600 Sport, and the C650T.

Honda will bring its new NC700 parallel twin, and the beautiful MV Augusta F3 675 will make its first Canadian appearance at the show. Those are just a few of the cool bikes that make the show scene this weekend. According to MMIC there will be over 140 exhibitors. So surely something for everybody then, whatever your budget, desires, or meat eating tendencies.



The MV Augusta F3 675 is set to make its first Canadian appearance this weekend in Toronto.

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[illegible]

Outback looks like a sensible used CUV

SECOND GEAR



JUSTIN PRITCHARD
DRIVE@METRONews.ca

The Outback is Subaru's shot at vehicles like the Honda CR-V, Toyota RAV4 and Ford Escape.

With its update for 2010, the 2005 to 2009 generation of this popular crossover is now a full member of the used marketplace.

A car-like and wagon-oriented vehicle, it offered up the utility of a station wagon, the ground-clearance of a small SUV and the driving dynamics of a sedan.

2005 to '09 Subaru Outback



Engines

Outback was standard with a 2.5-litre boxer four-cylinder or turbocharged version thereof, with 170 or 250 horsepower, respectively. A three-litre flat-six with 250 horsepower was also available. All-wheel drive was standard on all models.



What owners like

Outback drivers say they enjoy good fuel economy, steady and sure-footed traction in all conditions, a high-utility cabin and good ride quality. Headroom and outward visibility are also highly rated.



What owners dislike

Complaints deal with sluggish performance on four-cylinder, automatic-equipped models, as well as a tight rear seat, a "cheap" interior feel, and soft handling.



Common issues

If applicable, have the turbocharger system checked for signs of wear, ensuring the vehicle doesn't smoke and hasn't got excessive oil deposits in the charge piping — which could reference worn-out turbo seals. A Subaru mechanic can help here. On any Outback model, check the differentials and transaxle assembly for signs of oily leakage.

Verdict

Outback appears to be a largely reliable and well-enjoyed vehicle for families, active couples and busy single folks alike. A well-maintained model should provide reliable, year-round performance.

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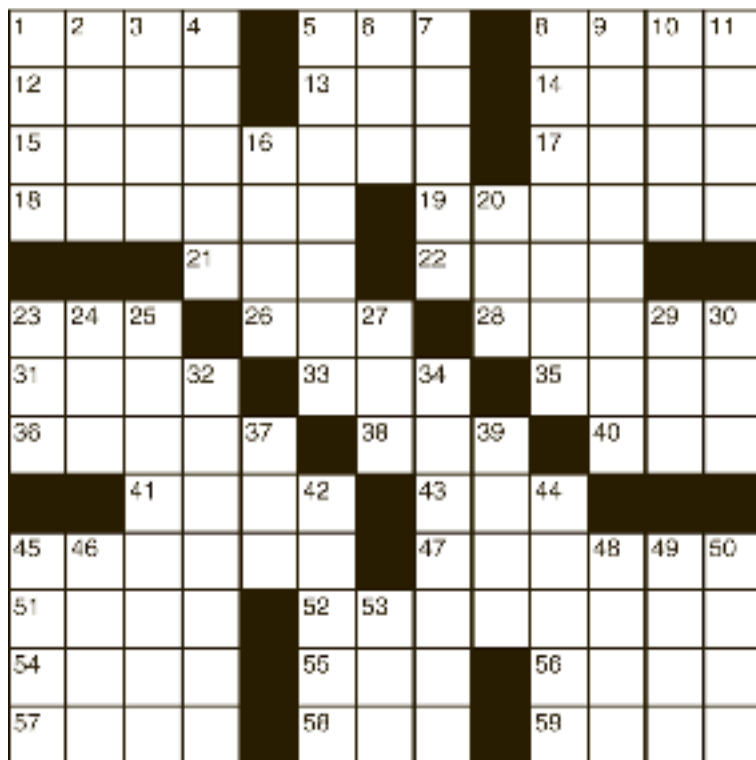
Crossword

Across

1 Houston acronym
5 Sternward
8 Streetcar
12 Winged
13 — goo gai pan
14 Like a moray
15 End of an illness
17 Performances
18 Sycophants
19 Implant
21 Help
22 Entrance
23 Melody
26 Allow
28 Wild West show
31 "Star —"
33 Flop
35 Ginormous
36 Unspoken
38 Wager
40 Decay
41 Rhyming tributes
43 Airport overseer (Abbr.)
45 Move up and down
47 Busy
51 Gumbo need
52 Flinched
54 Nasty stinger
55 Cistern
56 Journalist Lisa
57 Caustic chemicals
58 Acapulco gold
59 London gallery name

Down

1 — a soul (nobody)
2 Sheltered
3 Pouches
4 Scent



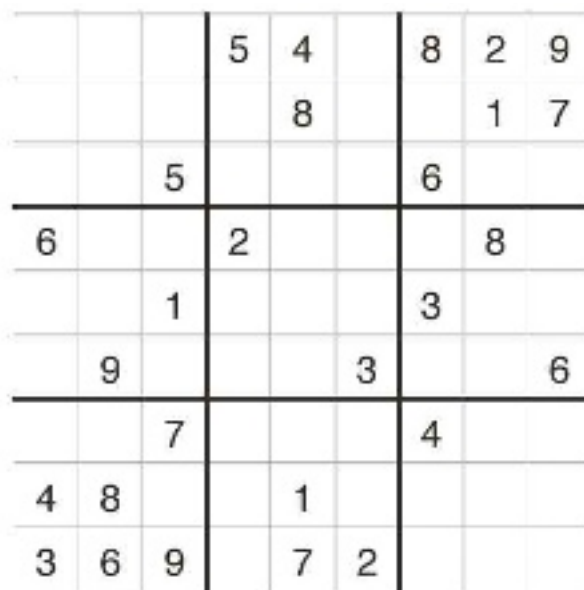
5 Rewrote the Constitution
6 Supportive of
7 Monkeyed (with)
8 Quaint restaurant
9 Flute's cousin
10 Sax range
11 1990s video game
16 Bride's cover
20 Neither partner
23 Lawyer (Abbr.)
24 Playwright Levin
25 Source of help
27 Bathroom fixture
29 Id counterpart
30 Morsel for Dobbin

32 Abducts
34 Actually
37 Sleuth, for short
39 Mexican entree
42 Electronic control system, briefly
44 At an angle
45 Cheek by —
46 Fine
48 Hip bones
49 Outlet
50 Advantage
53 Listener

► Yesterday's answer



Sudoku



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ►

5	6	2	3	7	1	9	4	8
9	7	8	4	5	2	3	6	1
1	4	3	9	8	6	7	5	2
3	1	7	6	2	9	4	8	5
2	5	6	8	4	7	1	3	9
8	9	4	1	3	5	6	2	7
7	2	1	5	6	4	8	9	3
4	3	5	7	9	8	2	1	6
6	8	9	2	1	3	5	7	4

Today

T°/-6"
Partly cloudy

Thursday

T°/-5"
Variable

Know what the weather will be 14 days from now.
Check the 14 day trend.
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Today's horoscope

♈ Aries March 21-April 20 Your critics can complain all they want, but there's no stopping you from following your dream.
♉ Taurus April 21-May 21 If you stop worrying for a moment and analyze your financial situation, you'll realize it could be worse.
♊ Gemini May 22-June 21 A partner will say something that'll show you there's a lot about him or her you still don't understand.
♋ Cancer June 22-July 22 Spread the load today — get others to help you. They will, if you ask them nicely.

♌ Leo July 23-Aug. 23 You don't lack confidence but common sense is just as important, so think carefully before you take a big risk.
♍ Virgo Aug. 24-Sept. 22 Minor disagreements could easily get out of hand over the next 24 hours. Don't rise to the bait.
♎ Libra Sept. 23-Oct. 23 You may be tempted to blame someone else when something goes wrong today. Instead, admit it's your fault.
♏ Scorpio Oct. 24-Nov. 22 Watch out that you don't waste money on trendy things you don't need today. Set your own trends.

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♐ Sagittarius Nov. 23-Dec. 21 Your energy levels are high. What is your number one desire? Aim for that and nothing else.
♑ Capricorn Dec. 22-Jan. 20 If you're fearful, it won't be until the Sun moves into your sign in a fortnight that you'll feel better.
♒ Aquarius Jan. 21-Feb. 18 You'll have to be blunt with people who are unaware that you don't want to be bothered with trivia.
♓ Pisces Feb. 19-March 20. Whatever the upset or upheaval today, take it in stride. Don't let it faze you. **● SALLY BROMPTON**

Send a KISS

You can now post your kiss, and read even more kisses, at metronews.ca/kiss.

Haileywailey, you are the most epic person i know. I don't even know what to say, so all i can say is, i love you. From the day u stole my meesh til now. I hope you see this and know how special you are. :)
YOUR ONE AND ONLY

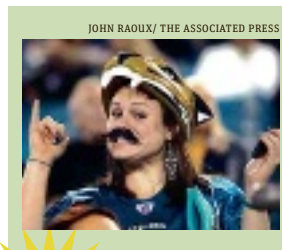
Peaches, Missing you so very much. Not even sure if you read these...wish I could turn back the clock & make different choices. Sorry to have caused you pain. Please find it in your heart to call, even if to say how much you hate me. God, I miss you. ME

To my friends: You guys mean so much to me. You've helped me through a lot. We have our ups and downs but our friendship is still going strong. You have my back and if you need it you know i have yours.
YOU KNOW WHO

Caption contest



"Hey you kids, get off my lawn!"
STEPHEN J.



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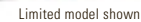


Limited model shown

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